SATURDAY

OVEMBER 18, 1939

Nursing times

ONTENTS

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Supplies a potent source of the anti-scorbutic vitamin C in a form convenient for infant feeding and other purposes.

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Employed with advantage in all cases in which fresh orange juice is used.

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ICE TWOPENCE

OL. XXXV. NO. 1803

Journal of the Royal College of Nursin

W. H. BAILEY & SON'S

"Super" Aluminium Sterilizer Case

N.C.1937. **Case Opened.**

Patent No. N.C. 496079

A REVOLUTION IN MIDWIFERY CASES

These Prices are liable to be Increased without notice owing to advances in raw materials and war risk Insurance.

Case Closed.

Bailey's Combined Midwifery Case and Sterilizer will meet a long-felt want. The whole case is sterilizable, the Lid forms the Instrument and Bowl Sterilizer. Size **14"x7"x3½"**. Each Case is fitted with a white washable removable lining, and blue waterproof cover with pocket for papers, etc. The Case can be easily carried on the back of a bicycle.

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BAILEY'S STERILIZABLE ALUMINIUM CASE

With loose waterproof cover and removable washable lining.

N.C. 3143/5	Each
N.C.3143. 12"x8"x5" Empty ...	23/6
N.C.3144. 15"x8"x5" " ...	26/6
N.C.3145. 14/x10/x5½ " ...	26/6
With Pocket for papers, etc. (as Illustration) ... ... Extra	2/6
Fittings, extra	23/6

N.C. 3143/5

BAILEY'S MIDWIFE'S ALUMINIUM ATTACHE CASE

Covered in best Rexine with removable washable lining. The lightest case yet offered to the Profession.

N.C.3147.	Each
Size 12"x5"x8" Empty	25/9
" 14"x5½"x10" "	29/9
Complete with fittings, 12" ...	49/3
Ditto, " " 14" ...	53/-

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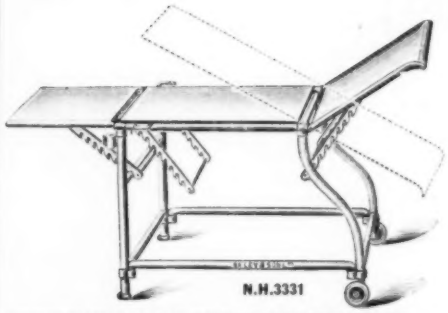

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BAILEY'S EMERGENCY FOLDING OPERATION TABLE
Perfectly rigid; tubular steel legs.
Strong satchel and leather strap for above, extra.

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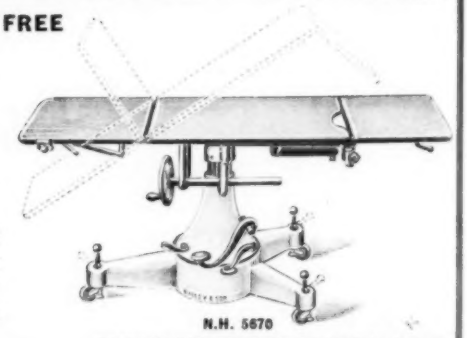
BAILEY'S extra strong white enamelled Operation Stool, screw socket and feet.
N.H. 3250
Operation Stool.



N.H. 5670

BAILEY'S "PERFECTION" OPERATION TABLE
With Oil Pump Base, detachable arm plate, shoulder and leg crutches, and sliding douching trough and detachable leg plate.

N.H. 3617

HIGH PRESSURE STERILIZER
Complete with 2 Full Size Nickel-plated Drums Interior
No. 2. 19×10 in.
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No. 4. 21×14 in.

N.H. 3671
Half-size **STERILIZING DRESSING DRUMS.**
Size 4½×9 in. dia.
" 4½×11 "
" 5 ×13 "

N.H. 3655
STERILIZER for Bowls, Trays, etc.
Strong polished copper, tinned inside, with powerful Bunsen Burner and draw-off cock.
Size 20×14×13 in. deep
Size 22×15×14 in. deep.

WATER STERILIZER
Polished Copper, tinned inside, complete with Stand and Gas Burner.
2 gals. capacity
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Makers of Surgical Instruments and Appliances.

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Classified Advertisements

All advertisements must reach The Manager, *Nursing Times*, Messrs. Macmillan & Co. Ltd., St. Martin's Street, London, W.C.2, by 1 p.m. Wednesday to ensure insertion in the issue of the same week

Telephone: WHITEHALL 8831 Telegrams: PUBLISH, LESQUARE, LONDON

OFFICIAL ANNOUNCEMENTS

Rate: 7/6 per inch.

THE GENERAL NURSING COUNCIL FOR SCOTLAND

FEBRUARY, 1940 EXAMINATIONS

THE written part of the Preliminary Examination will be held on Monday, 5th February, 1940, and the written part of the Final Examination will be held on Tuesday, 6th February, 1940.

All applications to sit these Examinations must be sent by 12th December, 1939, to the REGISTRAR, General Nursing Council for Scotland, 5, Darnaway Street, Edinburgh. No applications will be accepted after that date. (584)

TRAINING AND LECTURE COURSES

Rate: 7/6 per inch.

THE ROYAL COLLEGE OF NURSING

INDUSTRIAL NURSING

A THREE months' course for trained nurses preparing for work in factories and business houses is being arranged; approximate date of starting, December 4th, 1939.

Fees: College members £12 12s. 0d. non-members, £18 18s 0d.

Further particulars con be obtained on application to the DIRECTOR IN THE EDUCATION DEPARTMENT, Royal College of Nursing, 1a, Henrietta Place, Cavendish Square, W.1. (582)

Please see Editorial Page 1406

M.S.R. DIPLOMA

A DAYTIME Course of Lectures under the auspices of the Manchester and District Radiographic Society in preparation for the 1940 examination of the Society of Radiographers, begins on Saturday, November 18th. It will be limited to candidates already employed in Hospital X-ray Departments.

Applications should be sent immediately to the HON. REGISTRAR, Christie Hospital and Holt Radium Institute, Withington, Manchester, 20. (592)

LIVERPOOL MATERNITY HOSPITAL

Residential Instruction Course for the Midwife-Teachers Diploma

THE next **Four Months Whole-Time Course** commences, **February 10th, 1940,** thus enabling Students to sit for the Examination in the following June.

Inclusive terms, conditions of entry and preliminary programme direct from MATRON, Liverpool Maternity Hospital, Oxford Street, Liverpool, 7.

As the number of candidates will be strictly limited, early application is advised. (634)

THE ROYAL COLLEGE OF NURSING

COURSES OF TRAINING FOR HEALTH VISITORS
(APPROVED BY THE MINISTER OF HEALTH)

SIX MONTHS' **Courses** begin in September and January.

Eight months' combined **Mothercraft and Health Visitor Courses** are available in conjunction with the Mothercraft Training Society, Cromwell House, Highgate,

A four months' **District Nursing** training is offered by the Queen's Institute for Nurses, combining this with the Health Visitor's training.

For further particulars apply to the DIRECTOR IN THE EDUCATION DEPARTMENT, the Royal College of Nursing, 1a, Henrietta Place, Cavendish Square, London, W.1. (28)

THE MOTHERCRAFT TRAINING SOCIETY.

DIETETIC Hospital for Babies (under one year), and Out-patient Clinic. Special Courses in Feeding and Care of Infants. Sir Truby King's methods. Specialising in Breast-feeding and re-establishment of Breast Milk.

COURSES:

Trained Nurses	...	3—4 months.
Midwives	... ...	4—6 months.
Untrained	... ...	12 months.

Visiting Day every Wednesday, 2.30—4 p.m.

Candidates interviewed Thursdays, 11 a.m.—12 noon.

For particulars as to terms, vacancies, combined courses for health visitors with the College of Nursing and National Health Society, apply.—THE NURSING DIRECTOR, Cromwell House, Highgate Hill, London, N.6. (79/19)

PUBLIC HEALTH VACANCIES

Rate: 7/6 per inch.

METROPOLITAN BOROUGH OF FULHAM

APPOINTMENT OF TUBERCULOSIS NURSE

APPLICATIONS are invited from persons not more than 40 years of age for the position of **Nurse** at the Council's Tuberculosis Dispensary. Salary £225 by £15 to £390, plus £10 per annum uniform allowance.

Applicants must be qualified in accordance with the Local Government (Qualifications of Medical Officers and Health Visitors) Regulations, 1930.

Further particulars of the appointment and a form of application may be obtained on sending a stamped, addressed, foolscap envelope to the undersigned. Applications endorsed "Tuberculosis Nurse" must be received not later than noon on 25th November.

WILFRED TOWNEND,
Town Clerk.

Town Hall,
Fulham, S.W.6. (533)

CITY OF LEEDS

PUBLIC HEALTH DEPARTMENT

Appointment of Municipal Midwife

APPLICATIONS are invited from qualified women for appointment as **Municipal Midwife.** Candidates must be State Certified Midwives and must have had recent post-certificate experience in attending women in their own homes. Registration on the general part of the State Register of Nurses and possession of the Midwife-Teacher's Certificate of the Central Midwives Board will be regarded as additional qualifications.

Married women are not normally eligible for appointment.

The commencing salary is £200 per annum and the present Grading Scheme of the Corporation provides for increments of £10, subject to approved service, to a maximum of £250 per annum, together with allowance of £10 for uniform, £5 for travelling and £5 for telephone. The appointment will be subject to passing a medical examination and the person appointed will be required to contribute to the Corporation's Superannuation Fund.

Forms of application, with schedule of duties, may be obtained from the undersigned, to whom applications should be returned with copies of three recent testimonials and endorsed "Municipal Midwife," not later than 10 a.m. on Friday, December 1st, 1939.

Canvassing in any form, either directly or indirectly, will be a disqualification.

J. JOHNSTONE JERVIS,
Medical Officer of Health.

Health Department,
12, Market Buildings,
Vicar Lane, Leeds, 1. (590)

COUNTY OF KENT

SALARIED MIDWIVES

THE County Council invites applications from State-certified Midwives for a post of whole-time midwife to relieve County Midwives who are on holiday or off duty through sickness. The successful candidate must be able to cycle or drive a motor car.

The salary will be at the rate of £200 a year, rising, subject to satisfactory service, by annual increments of £10 to £240 a year, with allowances for uniform, laundry, subsistence and travelling. Equipment necessary to the practice will be provided.

The post is superannuable and the successful candidate will be required to pass a medical examination.

Forms of application with particulars of the conditions of appointment may be obtained from the **County Medical Officer, County Hall, Maidstone,** upon receipt of a stamped addressed foolscap envelope. The completed application, accompanied by copies of three recent testimonials, should be sent in a sealed envelope, marked "Relief Midwives," to the COUNTY MEDICAL OFFICER so as to reach him not later than the 25th November, 1939.

W. L. PLATTS,
Clerk of the County Council.

County Hall,
Maidstone.
8th November, 1939. (642)

BOROUGH OF DAGENHAM

(1) APPOINTMENT OF HEALTH VISITOR

APPLICATIONS are invited for the foregoing appointment, at an inclusive commencing salary of £225 per annum rising (subject to satisfactory service) by annual increments of £12 10s. 0d. to £300 per annum.

Candiates must be State-registered Nurses and State Certified Midwives and in addition must possess the new Health Visitor's Certificate of the Royal Sanitary Innstitute.

(2) APPOINTMENT OF MIDWIFE

Applications are invited for this appointment from State Certified Midwives who have obtained three years' General Training Certificate in a training school recognised by the General Nursing Council.

Commencing salary £200 to £230 per annum, according to experience, and rising subject to satisfactory service, by annual increments of £5 to a maximum of £250 per annum.

The Council will provide (a) uniform allowance of £10 per annum; (b) laundry allowance of £6 10s. 0d. per annum; (c) bicycle allowance and (d) equipment.

The person appointed will be required to live within the Borough and her residence must be suitable as regards situation and otherwise to meet the needs of her work.

Both the above appointments will be subject to the provisions of the Local Government Superannuation Act, 1937.

Forms of application for either of the appointments, together with detailed conditions, may be obtained by sending a stamped addressed foolscap envelope to the MEDICAL OFFICER OF HEALTH, Civic Centre, Dagenham.

Applications (in the official envelope provided) must reach me not later than 27th November, 1939.

Canvassing disqualifies.

F. W. ALLEN,
Town Clerk.
(581)

COUNTY BOROUGH OF BIRKENHEAD

HEALTH NURSE

APPLICATIONS are invited from General trained nurses holding the certificate of the Central Midwives' Board for the post of **Health Nurse.**

Candidates will be eligible only if :—

(a) prior to the 1st April, 1930, they have held appointments as Health Visitors with the approval of the Minister of Health; or

(b) they have obtained the Health Visitors' certificate issued by the Royal Sanitary Institute under conditions approved by the Minister of Health, or the diploma issued under the Board of Education (Health Visitors' Training) Regulations, 1919.

Salary £200 per annum, rising to a maximum of £250 per annum by annual increments of £10 together with an allowance of £10 per annum for uniform.

The candidate appointed will be required to undergo a medical examination and to contribute to the Corporation's Superannuation Fund as required by the provisions of the Local Government Superannuation Act, 1937.

The candidate appointed will be required to reside within the Borough of Birkenhead.

Applications must be made on a form which may be obtained from DR. D. MORLEY MATHIESON, Medical Officer of Health, 9, Hamilton Square, Birkenhead, and must be returned to the undersigned, endorsed "Health Nurse," not later than Tuesday, 28th November, 1939.

(Signed),
E. W. TAME,
Town Clerk.

Town Hall,
Birkenhead.
16th November, 1939. (625)

HERTFORDSHIRE COUNTY COUNCIL

APPOINTMENT OF HEALTH VISITOR AND SCHOOL NURSE

APPLICATIONS are invited for the post of **Health Visitor and School Nurse** at a salary of £230 per annum, rising by annual increments of £10 to £260 per annum, with uniform and bicycle allowance.

Candidates must hold the following qualifications :—

(1) Certificate of three years' training in a General Hospital.

(2) The Certificate of the Central Midwives Board.

(3) The Health Visitor's Certificate.

The duties will comprise infant welfare work, medical inspection and treatment of school children, home visitation, attendance at Dispensaries and any other Public Health work that may be required.

The appointment will be subject to the provisions of the Local Government and other Officers' Superannuation Act, 1937, and the successful candidate will be required to pass a medical examination.

Applications, stating age, which should not be more than 35, qualifications and experience, together with copies of not more than three recent testimonials, to be sent not later than the 25th November, 1939, to :—

THE COUNTY MEDICAL OFFICER,
County Hall,
Hertford. (616)

COUNTY BOROUGH OF BLACKBURN

APPOINTMENT OF HEALTH VISITOR

APPLICATIONS for the above post are invited from candidates who have obtained the Health Visitor's certificate issued by the Royal Sanitary Institute or the Diploma issued under the Board of Education (Health Visitor's Training) Regulations, 1919.

The salary will be at the rate of £202 10s. 0d. per annum rising by annual increments to £236 per annum. A cash allowance is given in lieu of uniform.

The post is a designated one for the purposes of the Local Government and Other Officers' Superannuation Act, 1922, and the successful candidate will be required to pass a medical examination.

Applications on forms obtainable from the MEDICAL OFFICER OF HEALTH, Victoria Street, Blackburn, should be returned to him, together with copies of three recent testimonials, on or before Tuesday, 28th November, 1939.

CHAS. S. ROBINSON,
Town Clerk.

Town Hall,
Blackburn. (604)

CITY OF SHEFFIELD

HEALTH VISITOR

APPLICATIONS are invited for the appointment of **Health Visitor.** Candidates must possess the following certificates :—

(1) A certificate of three years' training in a general hospital or a full training in a children's hospital.

(2) The certificate of the Central Midwives Board.

(3) The new Health Visitor's Certificate of the Royal Sanitary Institute.

Salary £200 per annum, rising to £250 by annual increments of £10. Uniform provided.

The appointment will be subject to the provisions of the Local Government Superannuation Act, 1937.

Applications, stating age and full particulars with regard to experience, with copies of three recent testimonials, to be forwarded to the undersigned on or before 27th November, 1939.

JOHN RENNIE, M.D., D.P.H.,
Medical Officer of Health.

Town Hall,
Sheffield, 1. (627)

COUNTY BOROUGH OF DERBY

PUBLIC HEALTH DEPARTMENT

Municipal Midwife

APPLICATIONS are invited for the above appointment from Midwives, and from Midwives who are also general trained State-registered Nurses.

Salary—midwifery training only, £200 per annum; general trained, State-registered Nurses holding Central Midwives Board Certificate, £200 per annum, rising by annual increments of £10 to £250 per annum. Uniform allowance £12 per annum, and bicycle provided.

The appointment will be terminable by one month's notice on either side.

The appointment is subject to the provisions of the Local Government Superannuation Act 1937, and the successful candidate will be required to pass a medical examination. It will also be necessary for her to reside within the Borough.

Applications, stating age, qualifications, and previous experience, together with copies of not more than three recent testimonials, must be received by the undersigned not later than Wednesday, November 22nd, 1939. Application forms are not provided. Envelopes must be endorsed "Municipal Midwife."

In reply please quote this journal.

GORDON LILICO,
Medical Officer of Health.

Public Health Department,
1, Derwent Street,
Derby. (541)

COUNTY BOROUGH OF BARROW-IN-FURNESS

APPLICATIONS are invited for the appointment of **School Nurse.** Applicants must be General Trained and State-registered Nurses and must hold the Certificate of the Central Midwives Board. They must also hold the Health Visitor's Certificate of the Royal Sanitary Institute or have been previously approved by the Minister of Health as a Health Visitor.

The salary will be at the rate of £202 10s. per annum, rising, subject to satisfactory service, by one increment of £11 10s. and two increments of £11 to £236 per annum.

An allowance of £5 per annum will be made towards the cost of uniform, or, alternatively, uniform may be provided by the Council.

The appointment will be subject to the provisions of the Local Government Superannuation Act, 1937, and the person appointed will be required to pass a medical examination.

Applications must be made on forms, which may be obtained from the MEDICAL OFFICER OF HEALTH, Town Hall, Barrow-in-Furness, and must be returned endorsed "School Nurse" to the undersigned, not later than Thursday, 30th November, 1939.

Canvassing strictly prohibited.

W. LAWRENCE ALLEN,
Town Clerk.

Town Hall,
Barrow-in-Furness.
November, 1939. (653)

CANNOCK URBAN DISTRICT COUNCIL

APPOINTMENT OF HEALTH VISITORS AND SCHOOL NURSES

APPLICATIONS are invited for two posts in the Public Health Department of **Health Visitor** and **School Nurse** each at a commencing salary at the rate of £225 per annum rising by annual increments of £5 to a maximum of £260 per annum together with a uniform and travelling allowance of £10 per annum.

Applicants must be spinsters or widows of not more than 35 years of age and must be generally trained State-registered Nurses possessing the certificate of the Central Midwives Board and the Health Visitor's Certificate. The post will be determinable by two months' notice on either side and subject to the Local Government Superannuation Act, 1937. The selected candidate

Cannock Urban District Council—*Contd.*

will be required to pass a medical examination.

Applications on forms containing list of duties to be obtained from the undersigned (upon receipt of a stamped addressed envelope) accompanied by copies of three recent testimonials, must be delivered to the undersigned not later than the first post on Saturday, the 25th November, 1939.

Canvassing directly or indirectly will be deemed a disqualification.

WM. C. SPEEDY,
Clerk of the Council.

Council House,
The Green,
Cannock, Staffs. (577)

HOSPITAL AND OTHER VACANCIES
Rate: 7/6 per inch.

CITY OF PORTSMOUTH

INFECTIOUS DISEASES HOSPITAL

(300 BEDS)

APPLICATIONS are invited for the appointment of **Matron** at the above hospital.

Applicants must be State-registered, both general and fever, and possess the certificate of the Central Midwives Board. Extensive experience in at least one senior position of the nursing service and in the training of probationers is essential. (The hospital is a recognised training school for the Certificate of Fever Nursing). Salary at the rate of £180 per annum rising by annual increments of £10 to £250, with residential emoluments valued at £100. The post is subject to the provisions of the Local Government Superannuation Act, 1937. The successful applicant will be required to pass a medical examination.

Application forms may be obtained from and must be returned to the MEDICAL OFFICER OF HEALTH, The Guildhall, Portsmouth, not later than Wednesday, 29th November, 1939.

Canvassing will disqualify.

F. J. SPARKS,
Town Clerk.

The Guildhall,
Portsmouth.
11th November, 1939. (599)

ROYAL HAMPSHIRE COUNTY HOSPITAL, WINCHESTER

239 BEDS

THE Committee of Management are prepared to receive applications for the post of **Matron.** Preference will be given to applicants with experience as a Matron of a large Voluntary Hospital.

The commencing salary will be at the rate of £300 per annum and the Federated Superannuation Scheme is in force.

Applications should be sent, together with three recent testimonials, to the undersigned not later than November 30th, 1939.

H. EWART MITCHELL,
Superintendent and Secretary.
(614)

THE GENERAL INFIRMARY AT LEEDS

ASSISTANT MATRON

APPLICATIONS are invited for the position of **Second Assistant Matron** at the General Infirmary at Leeds. Commencing salary £120. Federated Superannuation Scheme in force.

Applications, showing age, religion, qualifications and experience, together with copies of three recent testimonials, should reach the MATRON not later than 28th November. (586)

THE MENTAL HOSPITAL, WELLS, SOMERSET

MATRON required. Age not to exceed 40 years, must be unmarried or widowed, and will be required to live in the Hospital. Candidates must be general trained nurses and hold the certificate of the Royal Medico Psychological Association in mental nursing, or its equivalent, and have at least five years' mental nursing experience.

Commencing salary £177 10s. per annum, rising by two annual increments of £10 and one of £5 to a maximum of £202 10s. per annum with furnished apartments, board, laundry and uniform valued for superannuation purposes at £78 per annum.

The appointment is subject to the provisions of the Asylums Officers' Superannuation Act, 1909.

Applications must reach the MEDICAL SUPERINTENDENT not later than the 24th November, 1939. (574)

LEICESTERSHIRE COUNTY COUNCIL

THE Council invites applications for the following appointments, viz:—

LUTTERWORTH INSTITUTION
Assistant Matron (S.R. Nurse). Annual Salary £85 rising to £90.

MARKET HARBOROUGH INSTITUTION
Head Nurse (State-registered with C.M.B.). Annual Salary £90 rising to £100.

NARBOROUGH INSTITUTION
Head Nurse (State-registered). Annual Salary £85 rising to £90.

The appointments will be with board, apartments, washing and an allowance of uniform in accordance with the Council's scale and will be subject to the Sick Pay Rules and Regulations of the Council.

The appointments are designated posts for the purposes of Superannuation.

Applications in Candidate's own handwriting, stating age, marital condition, experience, qualifications (if any), etc., together with copies of three recent testimonials should be forwarded to the PUBLIC ASSISTANCE OFFICER, Leicestershire County Council, 6, St. Martin's, Leicester, forthwith.

LUCAS E. RUMSEY,
Clerk of the County Council.

County Offices,
Leicester.
9th November, 1939. (579)

BELFAST INFIRMARY

SISTER TUTOR WANTED

THE Commissioners acting for the Board of Guardians invite applications from suitable persons for the office of **Sister Tutor.**

Commencing salary £170 per annum rising by increments of £10 to a maximum salary of £210 per annum together with board, etc.

Candidates must be Registered Trained Nurses holding a Sister Tutor's Diploma from the University of London or Leeds or Battersea Polytechnic and have such additional experience to be competent to give practical and theoretical instruction in accordance with the Syllabus for the Preliminary and Final State Examinations. (Probationers in training over 300).

Form, on which application must be made, can be obtained from the LADY SUPERINTENDENT and applications endorsed "Sister Tutor," with testimonials should be lodged with the Clerk of Union before 12 o'clock noon on Monday, 4th December, 1939.

Selected candidates will be notified and reasonable travelling expenses defrayed by the Commissioners.

R. W. CRAIG,
Clerk of Union.

Clerk's Office,
51, Lisburn Road, Belfast.
9th November, 1939. (589)

KETTERING GENERAL HOSPITAL

MASSAGE DEPARTMENT

CHARGE **Masseuse** required—must have all the qualifications of the C.S.M.M.G., with experience. S.R.N. desirable, but not essential. Uniform provided. Salary £125 per annum. Resident. Apply, with details of training and subsequent experience, to MATRON.

Assistant Masseuse required—must have all the qualifications of the C.S.M.M.G. Uniform provided. Salary £85—£90. Resident.

Apply to MATRON. (623)

LIVERPOOL MATERNITY HOSPITAL

Midwifery Training School—Part I

APPLICATIONS are invited for the position of **Sister-Tutor.** (Vacancy due to retirement). Must be S.R.N., S.C.M., and possess the Midwife-Teachers Diploma.

Salary £150—£10—£180 plus inclusive residential emoluments and uniform allowance.

Previous experience as a Sister Tutor essential

Federated Superannuation Scheme in force.

Applications should be in candidate's own handwriting accompanied by recent photograph and with not less than three recent testimonials addressed to the MATRON of the Liverpool Maternity Hospital, Oxford Street, Liverpool, 7, by not later than December 2nd. (635)

CITY OF SHEFFIELD

LODGE MOOR HOSPITAL FOR INFECTIOUS DISEASES

(500 BEDS)

Sister Tutor

APPLICATIONS are invited for the post of **Sister Tutor.**

Candidates must be State-registered, both in the General and Fever parts of the Register. Candidates must have had experience as a Sister Tutor.

Preference will be given to applicants holding the Sister Tutor Certificate or Diploma of Nursing.

Salary £130 per annum rising by £15 per annum to a maximum of £190, with emoluments consisting of apartments, board, attendance, uniform anl laundry valued for superannuation purposes at £85 per annum.

The appointment will be subject to the provisions of the Local Government Superannuation Act, 1937, and the successful candidate will be required to pass the necessary medical examination.

Applications, stating age, particulars of training and experience, together with copies of recent testimonials, to be forwarded not later than Friday, 1st December, 1939, to the MEDICAL SUPERINTENDENT, Lodge Moor Hospital, Sheffield, 10. (598)

BATTERSEA GENERAL HOSPITAL, BATTERSEA PARK, S.W.11

RECOGNISED SCHOOL OF NURSING

THEATRE **Sister and Assistant Tutor** (combined post) required.

Salary £100 per annum. Federated Superannuation Scheme for Nurses in force.

Apply with Matron's name for reference to MATRON. (644)

THE BOLTON ROYAL INFIRMARY

TEMPORARY **Home Sister** required immediately. Must be State-registered.

Salary £120 per annum. Superannuation Scheme in force.

Apply, giving full particulars to the MATRON. (643)

KENT COUNTY COUNCIL

PUBLIC ASSISTANCE DEPARTMENT

THE County Council invites applications for the following appointments:—

WARD SISTERS (RESIDENT)

County Hospitals, Farnborough (Near Bromley) and Dartford

Salary £95 a year, rising by £10 a year to £135 a year. Candidates must possess the C.M.B. certificate.

Dover and Lyminge Institutions

Salary £85 a year, rising by £10 a year to £125 a year. Candidates must possess the C.M.B. certificate.

Hothfield Institution

Salary £80 a year, rising by £10 a year to £120 a year.

JUNIOR WARD SISTERS (RESIDENT)

County Hospital, Farnborough

Salary £80 a year, rising by £5 a year to £90 a year. Candidates must possess the C.M.B. Certificate.

NIGHT SISTERS (RESIDENT)

County Hospitals, Farnborough (near Bromley) and Chatham

Salary £105 a year, rising by £10 a year to £135 a year. Candidates must possess the C.M.B. Certificate.

STAFF NURSES (RESIDENT)

County Hospital, Dartford and Bridge Institution

Salary £70 a year, rising by £5 a year to £80 a year.

County Hospitals, Farnborough (Near Bromley) and Dartford

Salary £75 a year, rising by £5 a year to £85 a year. Candidates must possess the C.M.B. Certificate.

County Hospitals, Farnborough and Chatham (NON-RESIDENT)

Salary £150 a year, rising by £5 a year to £160 a year. Candidates must possess the C.M.B. certificate.

ASSISTANT NURSES (RESIDENT)

County Hospital, Sheppey, Bridge (near Canterbury), Lyminge, Thanet (near Ramsgate), Malling, Faversham, Dover and Cranbrook Institutions

Salary £55 a year, rising by £5 a year to £65 a year.

Thanet Institution (Near Ramsgate)

Salary £60 a year, rising by £5 a year to £70 a year. Candidates must possess the C.M.B. Certificate.

FEMALE MENTAL NURSES (NON-RESIDENT)

County Hospital, Farnborough (Near Bromley), Blean and Sundridge (near Sevenoaks) Institutions

Salary £130 a year, rising by £5 a year to £140 a year.

Sundridge Institution (RESIDENT)

Salary £60 a year, rising by £5 a year to £65 a year.

An additional sum of £5 will be paid for possession of R.M.P. certificate. Candidates must have had experience in similar duties.

TEMPORARY ASSISTANT MATRON (RESIDENT)

County Hospital, Chatham

Salary £100 a year, rising to £145 a year.

Applications to be made on forms obtainable from the **Public Assistance Officer, County Hall, Maidstone,** to be returned to him not later than the 20th November, 1939.

The appointments are superannuable and successful candidates will be required to pass a medical examination.

W. L. PLATTS,
Clerk of the County Council.

6th November, 1939. (641)

Please mention "Nursing Times" when answering its advertisements.

BEDFORDSHIRE COUNTY COUNCIL

PUBLIC ASSISTANCE COMMITTEE

Appointment of Resident Ward Sister and Resident Assistant Nurse

LUTON INSTITUTION

APPLICATIONS are invited for the undermentioned appointments:—

Resident Ward Sister. Salary £100 per annum, rising, subject to satisfactory service, by two increments of £7 10s. to £115 per annum, together with the usual residential emoluments valued at £70 per annum. A merit increment of £5 will be granted after five years and a further £5 after eight years of satisfactory service. The annual leave, after approved service, is four weeks.

Candidates must be State-registered and hold the certificate of the Central Midwives Board.

Resident Assistant Nurse. Salary £60 per annum, rising, subject to satisfactory service, by two increments of £5 to £70 per annum, together with the usual residential emoluments valued at £65 per annum. A merit increment of £2 10s. will be granted after five years and a further £2 10s. after eight years of satisfactory service. The annual leave, after approved service, is three weeks.

The appointments will be subject to satisfactorily passing medical examinations and the provisions of the Local Government Superannuation Act, 1937, will apply.

Forms of application can be obtained from the PUBLIC ASSISTANCE OFFICER, 81, High Street, Bedford, and must be returned to him as soon as possible.

J. B. GRAHAM,
Clerk of the County Council.

Public Assistance Office,
81, High Street,
Bedford.

14th November, 1939. (618)

CITY OF CARDIFF

CITY LODGE HOSPITAL

Junior Night Sister

APPLICATIONS are invited for the appointment of **Junior Night Sister** at the City Lodge Hospital, Cardiff.

Candidates must be State registered Nurses and Certified Midwives. The salary will be £95 per annum, rising by annual increments of £5 to £110 per annum, with full residential emoluments.

The candidate appointed will be required to pass a medical examination.

Applications to be made on forms which may be obtained from the MATRON, City Lodge Hospital, Cardiff.

D. KENVYN REES,
Town Clerk.

City Hall,
Cardiff.

13th November, 1939. (613)

THE ETHEL HEDLEY ORTHOPAEDIC HOSPITAL FOR CHILDREN, CALGARTH PARK, WINDERMERE

NIGHT **Sister** required, S.R.N. Salary commencing £90. Uniform provided. Federated Superannuation Scheme in force.

Apply, giving full particulars to the MATRON. (529)

ST. JOHN'S HOSPITAL, LEWISHAM, S.E.13

REQUIRED a **Night Sister** and a **Ward Sister.** Must be State-registered. Uniform and usual emoluments. Federated Superannuation Scheme in force.

Applications with copies of testimonials to MATRON. (535)

LANCASHIRE COUNTY COUNCIL

VACANCIES FOR NURSING STAFF

APPOINTMENTS are subject to the Lancashire County Council Conditions of Service and are pensionable. Medical examination necessary. Applicants for posts of Staff Nurse and higher grades must be State-registered. Emoluments (board, residence and uniform, etc.,) are additional to the annual salaries stated.

PUBLIC ASSISTANCE DEPARTMENT

LAKE HOSPITAL, ASHTON-UNDER-LYNE

Night Sister, Maternity Wards. Salary £85 by £5 to £120 per annum.

Staff Nurses. Applicants must possess S.C.M. Certificate. Salary £80 per annum.

Staff Nurse. Salary £70 by £5 to £80 per annum.

LAKE HOSPITAL, ANNEXE

Staff Nurse. Salary £70 by £5 to £80 per annum.

Full particulars and forms of application from the CLERK TO THE GUARDIANS' COMMITTEE, Public Assistance Office, St. Michael's Square, Ashton-under-Lyne.

ULVERSTON INSTITUTION

Staff Nurse. Salary £70 by £5 to £80 per annum. Applicants must possess the S.C.M. Certificate.

Full particulars and forms of application from the CLERK TO THE GUARDIANS' COMMITTEE, Public Assistance Offices, Town Hall, Ulverston.

FYLDE INSTITUTION INFIRMARY, WESHAM, KIRKHAM

Night Sister. Salary £85 by £5 to £120 per annum. Applicants must possess the S.C.M. Certificate.

Full particulars and forms of application from the CLERK TO THE GUARDIANS' COMMITTEE, Public Assistance Offices, Kirkham, near Blackpool.

CHORLEY INSTITUTION

Two Assistant Nurses (Non-resident). Salary £2 2s. 0d. per week plus meals when on duty and uniform valued at £5 per annum. The persons appointed will be required to be non-resident until such time as residential accommodation is provided in contemplated extensions to the Nurses Home.

Full particulars and forms of application from the CLERK TO THE GUARDIANS' COMMITTEE, 8, Spring Bank, Preston.

COPLOW VIEW INSTITUTION, CLITHEROE

Charge Nurse. Salary £85 by £5 to £120 per annum. Applicants must possess the S.C.M. Certificate.

Full particulars from the CLERK TO THE GUARDIANS' COMMITTEE, 12, York Street, Clitheroe, to whom all applications should be forwarded.

JERICHO HOSPITAL, BURY

Night Charge Sister. Salary £90 by £5 to £125 per annum. Applicants must possess the S.C.M. Certificate.

Maternity Night Sister. Salary £85 by £5 to £120 per annum. Applicants must possess the S.C.M. Certificate.

Staff Nurses. Salary £70 by £5 to £80 per annum.

Full particulars and forms of application from the CLERK TO THE GUARDIANS' COMMITTEE, Public Assistance Offices, Parsons Lane, Bury.

LEIGH INSTITUTION INFIRMARY, LEIGH ROAD, LEIGH

Ward Sister. Salary £85 by £5 to £120 per annum. Applicants must possess the S.C.M. Certificate.

Full particulars and forms of application from the CLERK TO THE GUARDIANS' COMMITTEE, Public Assistance Offices, Leigh Road, Leigh.

GEORGE ETHERTON,
Clerk of the County Council.

County Offices,
Preston.

13th November, 1939. (596)

GLOUCESTERSHIRE COUNTY COUNCIL

INVITE applications for the following **Public Assistance Appointments:—**

CHELTENHAM INSTITUTION

Night Sister (Permanent). Salary £95 a year rising £7 10s. 0d. a year to £110 a year with rations, apartments, laundry and uniform. Separate Nurses' Home. Applicants must be fully trained State-registered Nurses holding the C.M.B. Certificate.

THORNBURY INSTITUTION

Staff Nurse. Salary £75 a year rising £5 year to £85 a year with rations, apartments, laundry and Uniform. Applicants must be fully trained State-registered Nurses holding C.M.B. Certificate.

The Local Government Superannuation Act, 1937, will be applicable to the above appointments, and the successful applicants will be required to pass a medical examination.

Forms of application may be obtained from the PUBLIC ASSISTANCE OFFICER, 2, College Street, Gloucester, to be returned to him not later than the 25th November, 1939. Canvassing, directly or indirectly, will be a disqualification.

RICHARD L. MOON,
Clerk of the County Council.
(594)

NOTTINGHAMSHIRE COUNTY COUNCIL

APPLICATIONS are invited for the following residential appointments at the County Institution, 105, Stockwell Gate, Mansfield. Applicants must be State-registered Nurses and possess the Certificate of the Central Midwives Board.

Night Sister. Salary £105 per annum, increasing by £5 annually to £135 per annum.

Ward Sister. Salary £100 per annum, increasing by £5 annually to £130 per annum. Hours of duty approximately 96 per fortnight.

The emoluments assigned to each appointment, including the use of indoor uniform, are valued at £70 per annum.

The appointments are subject to the Local Government Superannuation Act, 1937, and the successful candidates will be required to pass a medical examination.

Applications must be made by letter, stating age, qualifications and experience, accompanied by copies of two recent testimonials, and forwarded to me at once.

K. TWEEDALE MEABY,
Clerk of the County Council.

Shire Hall,
Nottingham.
November, 1939. (608)

ILFORD COUNCIL MATERNITY HOME

APPOINTMENT OF SISTER

SALARY £95 per annum, rising by annual increments of £5 to £110; uniform allowance £10 per annum. Applicants must be on the State Register (general section) holding the C.M.B. Certificate. Appointment is a superannuated one and is subject to a medical examination.

Applicants must be willing to do night duty when required; a sum during holidays in lieu of maintenance is allowed.

All applications in writing giving experience, qualifications, age and full particulars of training to be made immediately to the MEDICAL OFFICER OF HEALTH, Public Health Offices, Valentines Mansion, Ilford.

14th November, 1939. (615)

NORTH STAFFORDSHIRE ROYAL INFIRMARY, STOKE-ON-TRENT

(412 BEDS)

PUPIL **Housekeeper** required, four months' course. Monthly honorarium £1. Candidate must have held a Sister's post.

For full particulars apply to the MATRON.

7th November, 1939. (566)

SURREY COUNTY COUNCIL

PUBLIC HEALTH DEPARTMENT

APPLICATIONS are invited for the following appointments:—

In all the undermentioned cases, except non-resident appointments, emoluments consisting of full board, lodging, laundry and uniform, together valued at £70 per annum for superannuation purposes are additional to the salary stated.

SISTER-IN-CHARGE of the MENTAL WARDS (Non-resident) at
Kingston County Hospital, Wolverton Avenue, Kingston-upon-Thames

Candidates must be State-registered Nurses holding the R.M.P.A. certificate or other certificate in Mental Nursing approved by the General Nursing Council. Commencing salary £166 per annum, rising by annual increments of £5 to £186 per annum, plus uniform valued at £4 per annum.

WARD SISTER (resident)
Required at the Surrey County Sanatorium, Milford.

Candidates must be State-registered Nurses preferably with experience of the nursing of Tuberculosis cases. Commencing salary £95 p.a., rising by annual increments of £5 to £115 p.a.

MATERNITY STAFF NURSES at
Redhill County Hospital, Earlswood Common, Redhill

Candidates must be State-registered Nurses and State-certified Midwives. Commencing salary £85 per annum, rising by annual increments of £5 to £95 per annum.

STAFF NURSES (resident) at
Farnham County Hospital, Hale Road, Farnham
Shabden Park Hospital, Chipstead
Warren Road Hospital, Guildford
Kingston County Hospital, Wolverton Avenue, Kingston-upon-Thames
Redhill County Hospital, Earlswood Common, Redhill
Dorking County Hospital, Horsham Road, Dorking.

Candidates must be State-registered Nurses. Commencing salary £80 p.a., rising by annual increments of £5 to £90 p.a.

Application forms and further particulars of these appointments may be obtained on application to the MATRON of the Hospital or Sanatorium at which an appointment is desired.

DUDLEY AUKLAND,
Clerk of the Council.

County Hall,
Kingston-upon-Thames.
17th November, 1939. (652)

COUNTY COUNCIL OF THE WEST RIDING OF YORKSHIRE

PUBLIC ASSISTANCE COMMITTEE

Staff Vacancies

APPLICATIONS are invited for the undermentioned appointments at the County Hospital, Keighley, viz:—

Ward Sister. Salary £85, rising by £5 to £120 per annum.

Staff Nurse. Salary £75, rising by £5 to £85 per annum. Person appointed will be required to perform alternate day and night duty in Maternity Ward.

(*Note.*—Candidates for the above appointments must be fully trained and State-registered Nurses, and applicants for the post of staff nurse must possess the Certificate of the Central Midwives Board.)

Assistant Nurse. Salary £55, rising by £5 to £60 per annum.

The salary in each case is exclusive of the provision of the usual residential allowances.

Forms on which applications must be made, can be obtained from the COUNTY PUBLIC ASSISTANCE OFFICER, County Hall, Wakefield, by sending a stamped and addressed foolscap envelope, and should be returned to the undersigned by not later than the 2nd December, 1939.

J. CHARLES McGRATH,
Clerk of the County Council.

County Hall,
Wakefield.
14th November, 1939. (647)

CITY AND COUNTY OF BRISTOL

DEPARTMENT OF PUBLIC HEALTH

Babies Homes and Nursery Nurses Training College, Downend

REQUIRED, **Relief Sister.** S.R.N., R.S.C.N. at the above. Age not over 36 years.

Salary £100—£5—£120 per annum, plus 7s. 6d. per month travelling allowance and the usual residential emoluments.

Application forms can be obtained from the MATRON, to whom they should be returned forthwith. (633)

CITY OF PORTSMOUTH

SAINT MARY'S HOSPITAL

APPLICATIONS are invited for the appointment of seven **Temporary Female Mental Attendants** for the female Mental Wards of the above Hospital. Applicants must have had previous experience and preference will be given to those holding the Certificate of the Royal Medico-Psychological Association. The appointments are non-resident and the wages are £2 per week for certificated applicants and £1 15s. 0d. per week for non-certificated, together with uniform valued at £5 4s. 0d. per annum.

Application forms may be obtained from and must be returned to the ACTING MEDICAL OFFICER OF HEALTH, Northern Secondary School, Portsmouth.

F. J. SPARKS,
Town Clerk.

November, 1939. (514)

COUNTY COUNCIL OF THE WEST RIDING OF YORKSHIRE

PUBLIC HEALTH DEPARTMENT

APPLICATIONS are invited for the following appointments:—

(1) **STAINCLIFFE COUNTY HOSPITAL, HEALD'S ROAD, DEWSBURY**
Maternity Staff Nurse. Salary £75—£5—£90.
Staff Nurses. Salary £75—£5—£85, and emoluments.

(2) **WHITE ROSE COUNTY HOSPITAL, PARK LODGE LANE, WAKEFIELD.**
***Theatre and X-Ray Sister.** Salary £85—£5—£120, and emoluments.

(3) **MIDDLETON-IN-WHARFEDALE SANATORIUM, Near ILKLEY**
Staff Nurse. Salary £75—£5—£85 per annum and emoluments, plus £5 if in possession of Tuberculosis Association Certificate.
Staff Nurse. Salary £70—£5—£80 per annum and emoluments.
Probationer Nurse. Salary £40—£2 10s.—£45 per annum and emoluments.

(4) **SCOTTON BANKS SANATORIUM, KNARESBOROUGH**
Staff Nurses. Salary £75—£5—£85 per annum and emoluments, plus £5 if in possession of Tuberculosis Association Certificate.
Staff Nurses. Salary £70—£5—£80 per annum and emoluments.

(5) **CROOKHILL HALL RECEIVING HOME, CONISBROUGH**
Assistant Nurse. Salary £55—£5—£65 per annum (according to experience) and emoluments.

Forms of application for the posts marked * can be obtained from the COUNTY MEDICAL OFFICER, County Hall, Wakefield. For the other posts application forms can be obtained from the MATRON of each Hospital.

J. CHARLES McGRATH,
Clerk of the County Council.

County Hall,
Wakefield.
9th November, 1939. (595)

ESSEX COUNTY COUNCIL

PUBLIC ASSISTANCE DEPARTMENT

APPLICATIONS are invited for the following appointments:—

Assistant Nurses at St. Albright's Hospital, Stanway, St. John's Hospital, Chelmsford, St. Peter's Hospital, Maldon, and St. Michael's Hospital, Braintree. Salary £50—£7 10s.—£65 p.a.

Ward Sisters at St. Peter's Hospital, Maldon. Salary £100—£7 10s.—£130 p.a.

Staff Nurses at St. Peter's Hospital, Maldon. Salary £80—£7 10s.—£95 p.a.

Apartments, rations, laundry and use of uniform, etc., are provided in each case, and valued for superannuation purposes at £70 p.a. Some nurses will be allowed to live outside the Hospitals in accommodation approved and paid for by the Committee within certain limits.

The salary will not necessarily commence at the advertised figure but may be increased in accordance with age and experience.

A fortnight's holiday will be allowed after each six months' service.

The appointments will carry superannuation rights and will be subject to medical examination.

Application forms may be obtained by sending a stamped addressed envelope to the PUBLIC ASSISTANCE OFFICER, Waterloo Lane, Chelmsford, and stating clearly for which post the form is required.

By Order,
E. S. HOLCROFT,
Clerk of the County Council.

County Hall,
Chelmsford. (649)

THE BIRMINGHAM AND MIDLAND HOSPITAL FOR NERVOUS DISEASES

(43 BEDS)

A SISTER is required for the above named Hospital. Candidates must be State-registered and capable of taking charge as required for relief. Salary according to experience. Federated Superannuation Scheme in force.

Apply, stating age and full particulars of training and subsequent experience to the MATRON, The Queen's Hospital, Birmingham, 15. (622)

CITY OF PLYMOUTH

CITY ISOLATION HOSPITAL, BEACON PARK ROAD, PLYMOUTH

RECOGNISED TRAINING SCHOOL

APPLICATIONS are invited for the following appointments:—

(1) **Ward Sister.** Applicants must be State-registered, both General and Fever. Salary £90 by £5 to £105 per annum.

(2) **Staff Nurses.** State-registered General Nurses required for one year's training for State Fever Certificate. Salary £75 per annum.

The above appointments are Superannuated under the Local Government Superannuaion Act. The successful candidates will be required to pass a medical examination. Four weeks holiday with board allowance annually. Full residential emoluments and uniform provided.

(3) **Probationer Nurses** required for training for State Fever Certificate. Applicants should be between the ages of 18-25 years and of good education. Training is over a period of two years and the successful candidates will be required to pass a medical examination. Salary £40 by £5 to £45 per annum with full residential emoluments and uniform. Three weeks annual holiday with board allowance.

Applications, stating age, experience and two recent testimonials, should be addressed to the MATRON. (587)

CITY AND COUNTY OF NEWCASTLE-UPON-TYNE

CITY HOSPITAL FOR INFECTIOUS DISEASES

WARD **Sister** required, must be General and Fever trained.

Salary £95 per annum, rising by five annual increments of £5 to £120, together with board, residence, laundry and uniform, which are valued at £65 per annum.

The appointment will be subject to the provisions of the Local Government Superannuation Act, 1937, and the successful candidate will be required to pass the necessary medical examination.

Applications, stating age and particulars of training and experience to be forwarded to the MATRON, City Hospital for Infectious Diseases, Walker Gate, Newcastle-upon-Tyne, 6. (530)

COUNTY BOROUGH OF WEST HARTLEPOOL

PUBLIC ASSISTANCE COMMITTEE

APPLICATIONS are invited from persons under 45 years of age for the following vacancies at Howbeck Infirmary, West Hartlepool. (48 hour working week). Candidates must be State-registered Nurses and State Certified Midwives.

Ward Sister (Night). Salary £90 per annum, plus usual residential allowances valued for superannuation purposes at £60 per annum. Note. Revision of salaries of nursing staff now under consideration.

Ward Sister (Day). Salary £85 per annum, plus usual residential allowances valued for superannuation purposes at £60 per annum.

The positions are designated under the Council's Superannuation Scheme and the successful applicant will be required to pass medical examination.

Application forms may be obtained from the undersigned, and, when completed, should be returned to him (accompanied by copies of two or three recent testimonials), not later than Monday, 27th November, 1939.

W. E. TUNNELL,
Public Assistance Officer.

Public Assistance Offices,
West Hartlepool.
10th November, 1939. (606)

LONDON COUNTY COUNCIL

DEPUTY **Sisters** required (State-registered). General trained £75-£5-£80. Nurses with C.M.B. certificate or trained also in Fever, Children's or Tuberculosis nursing receive in addition £5 a year whilst employed on duties covered by the appropriate certificate. After 6 months' service free midwifery training is available for selected candidates.

Apply to the MATRONS of undermentioned hospitals.

Hammersmith Hospital, Ducane Road, Shepherds Bush, W.12.

Paddington Hospital, Harrow Road, W.9.

St. Charles' Hospital, Ladbroke Grove, W.10.

St. Bernard's Hospital, Southall, Middlesex.

Millfield Hospital, Rustington, Littlehampton.

St. Lukes' Hospital, Lowestoft. (404)

GENERAL HOSPITAL, NOTTINGHAM

VACANCY for **Housekeeping Pupil** December 1st. Four months' Course. Honorarium £1 per month.

Apply MATRON. (503)

LONDON COUNTY COUNCIL

DEPUTY SISTERS (RESIDENT)

APPLICATIONS invited for the above positions at King George V Sanatorium, Godalming, Surrey. Must be General trained and State-registered. £75-£5-£80 a year. £5 additional salary if trained also in Fever, Children's or Tuberculosis nursing whilst employed on duties covered by appropriate certificate.

Apply MATRON. (600)

ROYAL EAST SUSSEX HOSPITAL, HASTINGS

THERE is an unexpected vacancy for a **Housekeeping Pupil.** Four months' course. Applicants must have had Ward Sister's experience.

Apply to the MATRON. (549)

MIDDLESEX COUNTY COUNCIL

APPLICATION forms obtainable for the undermentioned appointments by sending stamped, addressed foolscap envelope to the "MATRON D" of the appropriate Hospital. Canvassing direct or indirect disqualifies.

MASSEUSE*
North Middlesex County Hospital, Silver Street, Edmonton, N.18

Non-resident. Candidates must be experienced and hold C.S.M.M.G. and M.E. Certificates. Salary £185 by £7 10s. to £215 per annum, with meals on duty, uniform and laundry thereof.

STAFF NURSES*
Central Middlesex County Hospital, Willesden, N.W.10

Resident, for general work. Must be S.R.N. Salary £85 by £5 to £100 per annum, with full residential emoluments. If also S.C.M. an additional £5 per annum is paid†.

PROBATIONER NURSES
Central Middlesex County Hospital, Willesden, N.W.10
Hillingdon County Hospital, near Uxbridge, Middlesex
West Middlesex County Hospital, Isleworth, Middlesex

Applicants must be single girls or widows of 18 to 30 years. Four year course of training in the theory and practice of nursing in preparation for the State General Nursing examinations. Three months' preliminary trial period. Salary £35 by £5 to £50 per annum, with full residential emoluments. Nurses already on a supplementary part of the State Register are accepted for two years' training for the State Final examination at a salary of £45 per annum (1st year) and £50 per annum (2nd year). Possibility of acceptance for midwifery training after passing final examination for admission to the State Register. Forty-eight hour week including lecture times. Medical examination in connection with pension scheme.

* Established and pensionable staff subject to medical examination.
† Forty-eight hour working week.

C. W. RADCLIFFE,
Clerk of the County Council.
(621)

THE DUCHESS OF YORK HOSPITAL FOR BABIES, BURNAGE LANE, LEVENSHULME, MANCHESTER, 19

TEMPORARY **Sister** wanted. Theatre experience essential.
Salary at the rate of £85 per annum.
Apply MATRON. (626)

LANCHESTER JOINT HOSPITAL BOARD

THE above Board requires the services of a **Fully Trained Nurse** for their Langley Park Infectious Diseases Hospital, Langley Park, Co. Durham. Applicants must possess certificates from recognised Training Schools for Medical, Surgical and Fever training, and should be capable of taking charge during the Matron's absence.

The salary will be at the rate of £80 per annum rising by yearly increments of £10 to £100 together with rations, apartments, etc., and an allowance of £8 per annum in lieu of uniform.

The post is designated under the Local Government Superannuation Act, 1937, and the successful candidate is required to pass a satisfactory medical examination.

Applications stating age, qualifications, etc., together with copies of not more than three recent testimonials to be received by the undersigned not later than Friday, 24th November, 1939.

J. J. S. BARKER,
Clerk.

Lanchester,
Durham. (502)

WEMBLEY HOSPITAL

FIVE JUNIOR SISTERS

DUTIES as Staff Nurses. £75 with bonus of £5 after completion of second year, and each successive year. 54-hour week. Annual leave 28 days.

All Nursing Staff have one whole day off each week and half-day Sunday alternate weeks. The above posts include provision of up-to-date white uniform, full board, laundry and separate bedroom fitted wash-basin with hot and cold water supply, central heating and other amenities in new nurses' home. Superannuation Scheme in force.

Applications, giving full particulars to MATRON, Wembley Hospital, Middlesex.
(602)

COUNTY COUNCIL OF THE WEST RIDING OF YORKSHIRE

PUBLIC ASSISTANCE COMMITTEE

Staff Vacancies

APPLICATIONS are invited for the undermentioned appointments at Public Assistance Institutions, viz:—

Ward Sister at *Clayton Institution. Salary £85, rising by £5 to £120 per annum.
Ward Sister at *Deanhouse Institution. Salary £85, rising by £5 to £120 per annum.
Staff Nurse at *Skipton Institution. Salary £85, rising by £5 to £120 per annum.
Staff Nurse at *Otley Institution. Salary £85, rising by £5 to £120 per annum.
Staff Nurse at *Goole Institution. Salary £85, rising by £5 to £120 per annum.
Charge Nurse at Deanhouse Institution. Salary £80 per annum.
Staff Nurse at *Hemsworth Institution. Salary £75, rising by £5 to £85 per annum.
Staff Nurse at *Ripon Institution. Salary £75, rising by £5 to £85 per annum.
Staff Nurse at Wetherby Institution. Salary £75, rising by £5 to £85 per annum.
Staff Nurse at Knaresborough Institution. Salary £75, rising by £5 to £85 per annum.
Staff Nurse at Clayton Institution. Salary £75, rising by £5 to £85 per annum.

(*Note.*—Candidates for the appointments must be fully trained and State-registered Nurses. In respect of the appointments marked * the certificate of the Central Midwives Board is also essential, whilst in respect of the other appointments, it will be regarded as an additional qualification.)

Assistant Nurse at Skipton Institution. Salary £55, rising by £5 to £60 per annum.
Assistant Nurse at Knaresborough Institution. Salary £55, rising by £5 to £60 per annum.
Assistant Nurse at Otley Institution. Salary £55, rising by £5 to £60 per annum.
Assistant Nurse at Clayton Institution. Salary £55, rising by £5 to £60 per annum.
Assistant Nurse at Hemsworth Institution. Salary £55, rising by £5 to £60 per annum.
Assistant Nurse at Selby Institution. Salary £55, rising by £5 to £60 per annum.
Assistant Nurse at Penistone Institution. Salary £55, rising by £5 to £60 per annum.
Assistant Nurse at Deanhouse Institution. Salary £55, rising by £5 to £60 per annum.
Assistant Nurse at Goole Institution. Salary £55, rising by £5 to £60 per annum.
Assistant Nurse at Grenoside Institution. Salary £55, rising by £5 to £60 per annum.
Assistant Nurse at Todmorden Institution. Salary £55, rising by £5 to £60 per annum.

The salary in each case is exclusive of the provision of the usual residential allowances.

Forms, on which applications must be made, can be obtained from the COUNTY PUBLIC ASSISTANCE OFFICER, County Hall, Wakefield, by sending a stamped and addressed foolscap envelope and should be returned to the undersigned by not later than the 2nd December, 1939.

J. CHARLES McGRATH,
Clerk of the County Council.

County Hall,
Wakefield.
14th November, 1939. (646)

BOROUGH OF ACCRINGTON

MATERNITY SISTER

APPLICATIONS are invited for the post of **Maternity Sister** at the Rough Lee Maternity Home (11 beds) in the Borough. Applicants must be State-registered Nurses and State-certified Midwives and must be able to take charge in the absence of the Matron.

The salary is £90 p.a., rising by two annual increments of £5 to a maximum of £100 p.a.

The appointment is subject to a medical examination and the person appointed will be required to contribute to the Council's Superannuation Fund.

Applications, stating age, qualifications and experience and any other particulars, together with copies of not more than three recent testimonials, must be forwarded so as to be received by the undersigned not later than Saturday, the 2nd December, 1939.

W. H. WARHURST,
Town Clerk

Town Clerk's Office,
Accrington.
November, 1939. (631)

BUSHEY AND DISTRICT HOSPITAL, BUSHEY HEATH, near WATFORD, HERTS.

(AFFILIATED TRAINING SCHOOL)

SISTER required. Theatre experience essential. Salary £80 plus £5 uniform allowance.

Apply with particulars of training and experience to the MATRON. (523)

EAST RIDING OF YORKSHIRE

PUBLIC ASSISTANCE DEPARTMENT

APPLICATIONS are invited for the post of **Trained Nurse** (holding the C.M.B. certificate) at the Driffield Institution, at a salary of £80 per annum, rising by annual increments of £5 to £100 per annum, with rations, apartments, washing and indoor uniform.

Successful candidates will be required to undergo a medical examination and contribute towards a superannuation fund.

Applications to be made on forms to be obtained from the PUBLIC ASSISTANCE OFFICER County Hall, Beverley, and to be returned to him not later than the 28th November, 1939.

GODFREY MACDONALD,
Clerk to the County Council.

County Hall,
Beverley.
14th November, 1939. (648)

GUY'S HOSPITAL, LONDON BRIDGE, S.E.1

IMMEDIATE vacancy for experienced **Midwife**, S.R.N., to work in association with the Extern Medical Students in the midwifery district attached to Guy's Hospital under the direction of the Obstetric Surgeons.

Salary £70-£100 per annum according to experience. Board, lodging, uniform, laundry.

For further particulars apply to the MATRON. (591)

SURREY COUNTY COUNCIL

BOTLEYS PARK COLONY, CHERTSEY

APPLICATIONS are invited for the following appointments at the above-mentioned new Colony for mental defectives.

Nurses.—Commencing salary 40s., rising, subject to satisfactory service, by five annual increments to 48s. per week.

Persons appointed will be charged 18s. 10d. per week for board and lodging; uniform and laundry will be provided, and candidates will be required to pass a medical examination. The appointments will be subject to the Asylums and Certified Institutions (Officers' Pensions) Act, 1918, and to the Council's Staffing Regulations, and will also be subject to termination by one calendar month's notice on either side.

Forms of application with full particulars may be obtained from the MEDICAL SUPERINTENDENT, Botleys Park, Chertsey, Surrey, upon receipt of a stamped addressed envelope.

DUDLEY AUKLAND,
Clerk of the Council.

9th November, 1939. (651)

QUEEN'S INSTITUTE OF DISTRICT NURSING

SCOTTISH BRANCH

QUEEN'S **Nurse** required for Ayr; One who can take responsibility and relieve the Superintendent. Salary according to scale.

Apply SUPERINTENDENT FOR SCOTLAND, 26, Castle Terrace, Edinburgh. (603)

COUNTY BOROUGH OF WEST HARTLEPOOL

ISOLATION HOSPITAL

STAFF **Nurse** required. Must be Fever and General trained.

Salary £65 per annum rising by two annual increments of £5 to £75. Board, lodging and laundry provided.

The appointments, which are terminable by one month's notice on either side, are subject to the provisions of the Local Government Superannuation Act, and the selected candidates will be required to pass a medical examination.

Applications, stating age, qualifications and experience, with copies of testimonials to be sent to the undersigned, not later than 12 noon, Saturday, 25th November, 1939.

J. McKEGGIE,
Medical Officer of Health.

Health Department,
Victoria Road,
West Hartlepool. (583)

CORNWALL MENTAL HOSPITAL, BODMIN

FEMALE **Nurses** required with R.M.P.A. Certificate. Nurses may reside outside the Hospital if they so wish. Salary in accordance with the scale laid down by the Joint Conciliation Committee, plus bonus of 4/- per week, less 11/- per week for board, lodging and washing when residing in the Hospital.

Form of application may be obtained from the MEDICAL SUPERINTENDENT, Cornwall Mental Hospital, Bodmin. (511)

THE ST. HELENS HOSPITAL, LANCASHIRE

169 BEDS

STAFF **Nurses** required for increase of Staff, S.R.N., S.C.M. Salary £70 rising to £75 p.a.

Staff Nurses, S.R.N. £65 rising to £70 p.a. Superannuation paid if member of F.S.S.H.O.

Day off per week.

Apply with two recent testimonials to the MATRON. (513)

COUNTY BOROUGH OF IPSWICH

IPSWICH BOROUGH GENERAL HOSPITAL

THE Council invite applications for **Staff Nurses** for duty at the Ipswich Borough General Hospital.

Candidates must be State-registered Nurses.

Salary £80 per annum rising by £5 to £85 per annum; if S.C.M. an additional £5 per annum will be paid.

Uniform will be provided in addition to board, lodging, laundry and holiday allowances.

Appointments are pensionable. Medical examination necessary.

Applications, accompanied by two recent testimonials to be forwarded direct to the MATRON, Ipswich Borough General Hospital, Woodbridge Road East, Ipswich.

J. W. HUNTER,
Medical Officer of Health.

Public Health Department,
Elm Street,
Ipswich.

13th November, 1939. (593)

NATIONAL SANATORIUM, BENENDEN, KENT

STAFF **Nurses** required. Salary £100 per annum rising by annual increments of £10 to £120 per annum together with emoluments consisting of full board, residence, laundry and uniform.

Candidates must be State-registered Nurses with Sanatorium experience.

Applications, with copies of three recent testimonials, should be sent to the MATRON. (610)

CLEAVER SANATORIUM, OLDFIELD ROAD, HESWALL, CHESHIRE

STAFF **Nurses,** General or Fever trained and certificated with tuberculosis experience. Salary £65 to £70 per annum. If possessing both General and Fever Certificates or General and C.M.B. Certificates, with tuberculosis experience, Salary £70 to £75 per annum.

Probationer Nurses. Salary £46 to £51 per annum.

Together with uniform and the usual residential allowances in each case.

Apply MATRON for further information etc. (510)

CITY HOSPITAL FOR INFECTIOUS DISEASES, LITTLE BROMWICH BIRMINGHAM, 9

(600 BEDS)

GENERAL trained **Staff Nurses** required for twelve months Fever training.

Salary £75 to £95 per annum, together with the usual residential allowances. Lectures by Medical resident staff and Sister Tutor.

Superannuation scheme in force.

Apply MATRON. (629)

MAIDENHEAD HOSPITAL

STAFF **Nurse** required. S.R.N. Salary £70. F.S.S. in force. Uniform provided.

Apply with particulars, to the MATRON. (654)

LOUTH AND DISTRICT HOSPITAL

56 BEDS

STAFF **Midwife** required. Salary £75, with Superannuation, if S.R.N.

Apply, with Matron's name for reference, to the MATRON, Louth and District Hospital, Crowtree Lane, Louth, Lincs. (548)

THE KING EDWARD VII WELSH NATIONAL MEMORIAL ASSOCIATION

APPLICATIONS are invited from Nurses (S.R.) for the post of **Staff Nurse** at the Brynseiont Tuberculosis Hospital, Brynseiont, Caernarvon.

Salary £80 by £5 to £90 per annum plus maintenance. An allowance of £5 per annum will be paid if in possession of the T.A. Certificate.

Applications, giving full particulars, with copies of three recent testimonials and a Matron's name for reference, should be addressed to the MATRON. (612)

SELLY OAK HOSPITAL BIRMINGHAM 29

STATE-registered **Nurses** required. Candidates must be fully trained nurses on the General part of the Register. Salary with general certificate only, £65 per annum with C.M.B. certificate £75 per annum.

Also State-registered **Nurses** required to take Midwifery training Part "A." Experienced theatre nurses required.

For full particulars, apply to the MATRON. (628)

LUTON AND DUNSTABLE HOSPITAL, LUTON, BEDFORDSHIRE

214 BEDS

COMPLETE TRAINING SCHOOL FOR NURSES
SUPERANNUATION SCHEME IN FORCE

STAFF **Nurses,** S.R.N., for wards and other departments. One required with V.D. Clinic experience. Minimum salary £70 per annum.

Probationer Nurses. Commencing salary £25. Resident Sister Tutor.

Applications with full particulars to MATRON.

Apply with references and full details to MATRON. (438)

WINSLEY SANATORIUM, Near BATH

STAFF **Nurse** required. Commencing salary £60 per annum. Board, residence and uniform. S.R.N. an advantage. Salary proportionate. F.S.S. in force.

Apply MATRON. (619)

MANCHESTER ROYAL EYE HOSPITAL

177 BEDS

STAFF **Nurses** required. General trained and ophthalmic certificate. Salary £75 per year and indoor uniform.

Also:—

Staff Nurses required. General trained for training in eye nursing.

Lectures given and ophthalmic certificate on completion of one year's service.

Salary £65 for 1st year; £75 for 2nd year. Indoor uniform each year.

Applications to the MATRON. (639)

GLOUCESTERSHIRE JOINT BOARD FOR TUBERCULOSIS

STANDISH HOUSE, STONEHOUSE, GLOS.

STAFF **Nurse** required. Salary £70 p.a. Uniform provided. Superannuation Scheme in force.

Assistant Nurses required. Must have Tuberculosis or Fever training. Salary £45—£55 p.a. If holding Tuberculosis Certificate, salary £50—£60 p.a. Superannuation Scheme in force.

All applications must be made to the MATRON, Standish House, Stonehouse, Glos.

RICHARD L. MOON,
Clerk of the Joint Board.

(184)

WEST SUSSEX COUNTY COUNCIL

APPOINTMENTS

APPLICATIONS are invited for the following appointments:—

ST. RICHARD'S HOSPITAL, CHICHESTER

Head Cook (non-resident, temporary). Salary £180 per annum, with dinner and tea provided.

Assistant Cook (resident, temporary). Salary £55 per annum.

MIDHURST INSTITUTION

Head Nurse (Fully trained). Salary £80 rising £5 annually to £95 per annum.

EAST PRESTON INSTITUTION

Two **Staff Nurses.** Salary £75 rising £5 annually to £85 per annum.

HORSHAM INSTITUTION

Two **Staff Nurses.** Salary £75 rising £5 annually to £85 per annum.

With the exception of the Head Cook, the appointments will be with board, residence, uniform, etc., and the grant of annual increments is subject to satisfactory service.

The posts are superannuable under the Local Government Superannuation Act, 1937, and subject to medical examination for that purpose.

Applications, on forms to be obtained from the PUBLIC ASSISTANCE OFFICER, County Hall, Chichester, accompanied by copies of not more than three recent testimonials, should be received by the Public Assistance Officer on or before the 25th November, 1939.

T. C. HAYWARD,
Clerk of the County Council.

County Hall,
Chichester.
15th November, 1939. (617)

QUEEN'S INSTITUTE OF DISTRICT NURSING, SCOTTISH BRANCH

EX-QUEEN'S **Nurses.** — Any Ex-Queen's Nurse wishing to rejoin for work under the Institute can be considered for vacancies.

Particulars as to changes in Salaries and Pensions will be sent on application to the SUPERINTENDENT FOR SCOTLAND, 26, Castle Terrace, Edinburgh. (31)

DONCASTER ROYAL INFIRMARY

STAFF **Nurse** required with Opthalmic experience.

If State-registered, salary £65, increasing £5 p.a. to £75.

Federated Superannuation Scheme in force. Day off weekly. Uniform provided.

Apply to MATRON, stating age and giving matron's name for reference. (506)

SEVERALLS MENTAL HOSPITAL, COLCHESTER

STAFF **Nurses** required, not over 35 years of age, experienced, with either R.M.P.A. or G.N.C. Mental Nursing certificate.

Gross wages £137 16s. per annum to commence; deduction for board, attendance, lodging and washing at the rate of £1 3s. 4d. per week. Uniform free. Leave two days per week and two weeks on completion of every six months of service.

For form of application apply to the MEDICAL SUPERINTENDENT. (32)

QUEEN'S INSTITUTE OF DISTRICT NURSING

SCOTTISH BRANCH

THERE are vacancies in the Central Training Home, Edinburgh, for trained Nurses who wish to train as Queen's Nurses. Nurses not holding the C.M.B. Certificate are given this training after completion of District Training.

Further particulars may be had from the SUPERINTENDENT, 26, Castle Terrace, Edinburgh. (21)

ESSEX COUNTY COUNCIL

OLDCHURCH COUNTY HOSPITAL, ROMFORD

THE County Council of the Administrative County of Essex invite applications for appointment of **Staff Nurses** at the above Hospital, necessitated by the introduction of shorter working hours (96 hour fortnight) and generally improved conditions of service.

The Oldchurch County Hospital has accommodation for 860 patients and receives acute, medical, surgical and obstetric cases, etc., is equipped will all modern departments, and has a visiting staff of Consultants.

Applications are also invited for the appointment of **Staff Nurses** at the branch Institution of the Hospital situate at Hainault Lodge, Chigwell Row.

The salaries for the above appointments will be at the rate of £80 per annum rising, subject to satisfactory service, by annual increments of £7 10s. 0d. to £95 per annum, together with emoluments consisting of full board, residence, laundry and use of uniform valued for superannuation purposes at £70 per annum, and will not necessarily be at the minimum, but may be increased according to experience.

The appointments will be subject to the Council's Sick Pay Rules and Regulations, a copy of which will be forwarded on application, and the successful applicants will be required to pass a medical examination, and to contribute to the appropriate Superannuation Fund of the Council.

Forms of application and further particulars with regard to the appointments may be obtained from the MATRON.

E. S. HOLCROFT,
Clerk of the County Council.

County Hall,
Chelmsford.
30th October, 1939. (490)

THE WEYMOUTH AND DISTRICT HOSPITAL, WEYMOUTH

STAFF **Nurses** required. Applicants must be State-registered Nurses holding the C.M.B. certificate. Salary commencing £75 per annum with uniform. Federated Superannuation Scheme in force.

Apply with full particulars to the MATRON. (430)

ROYAL VICTORIA AND WEST HANTS HOSPITAL, SHELLEY ROAD, BOURNEMOUTH

STAFF **Nurses** required for the Private Wards. Salary £70 to £75 per annum. and all uniform.

Superannuation Scheme in force.

Apply with full particulars of training to the MATRON. (105)

CITY OF LEEDS

PUBLIC HEALTH DEPARTMENT

Seacroft Hospital

STAFF **Nurses.** General trained and State-registered Nurses required for general hospital duties. Salary £65 per annum.

Applications, stating age, particulars of training and subsequent experience, together with testimonials and Matron's name for reference, to be forwarded to the MATRON, Seacroft Hospital, Leeds. (553)

THE LIVERPOOL HOSPITAL FOR CONSUMPTION AND DISEASES OF THE CHEST, MOUNT PLEASANT, LIVERPOOL, 3

STAFF **Nurse,** S.R.N.
Salary £75 per annum.

Apply with names for reference to MATRON. (542)

COUNTY BOROUGH OF IPSWICH

ISOLATION HOSPITAL
(RECOGNISED TRAINING SCHOOL)

THE Council invite applications for **Staff Nurses** for duty at the Ipswich Isolation Hospital.

Candidates must be either S.R.N. or R.F.N.

Salary, S.R.N. £80 per annum, rising by £5 to £85; if holding S.C.M. an additional £5 per annum will be paid. If holding only R.F.N. certificate, salary £60, rising by £5 to £70.

Uniform will be provided in addition to board, lodging, laundry and holiday allowances.

Appointments are pensionable. Medical examination necessary.

Applications, accompanied by two recent testimonials to be forwarded direct to the MATRON, Ipswich Isolation Hospital, Foxhall Road, Ipswich.

J. W. HUNTER,
Medical Officer of Health.
Medical Superintendent.

Public Health Department,
Elm Street,
Ipswich.
7th November, 1939. (463)

WILTS COUNTY COUNCIL

PUBLIC ASSISTANCE COMMITTEE

APPLICATIONS are invited for the undermentioned appointments:—

CHIPPENHAM, DEVIZES, SALISBURY and SEMINGTON INSTITUTIONS

Assistant Nurses. Salary £45-£60 per annum, according to experience, with £5 per annum uniform allowance and the usual residential emoluments.

The above appointments are subject to the terms of the Local Government Superannuation Act, 1937.

Application forms and further particulars can be obtained by sending a stamped addressed envelope to the PUBLIC ASSISTANCE OFFICER, County Offices, Trowbridge, to whom all applications should be returned by not later than 27th November, 1939.

W. L. BOWN,
Clerk of the Council.

Public Assistance Officer,
County Offices,
Trowbridge.
14th November, 1939. (624)

KENT COUNTY COUNCIL

PUBLIC ASSISTANCE DEPARTMENT

Orpington Institution, Orpington, Kent

TRAINING OF UNCERTIFICATED NURSES

THE County Council invites applications from persons desirous of training as **Assistant Nurses** at the Orpington Institution.

Previous nursing experience not essential, and successful candidates will undergo two years' training in chronic nursing.

Salary £30 a year first year; £35 second year, together with the usual residential emoluments.

Candidates passing examination successfully at the end of two years will be eligible for appointment in the County Service as Assistant Nurses at salaries of £55 a year, rising by £5 a year to £65 a year.

Full particulars and forms of application can be obtained from the **Matron, Orpington Institution, Orpington, Kent,** to be returned to her as soon as possible.

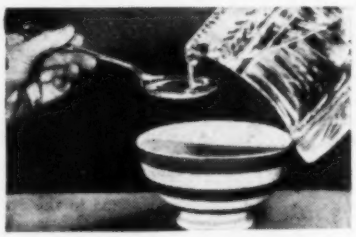
W. L. PLATTS,
Clerk of the County Council.

County Hall,
Maidstone. (471)

CLASSIFIED ADVERTISEMENTS CONTINUED ON PAGE XI

How long does it take to make BENGER'S ?

While half a pint of milk is coming to the boil take one level tablespoonful of Benger's Food.



Stir into a smooth cream with four tablespoonsful of cold water.

Take the boiling milk and immediately it starts to settle in the pan pour slowly on the cold mixture. This takes about 30 seconds. Drink as soon as cool enough. (For infants and invalids see special directions on tin.)

In other words Benger's Food only takes as long to make as half a pint of milk takes to boil. Benger's is the only food in the world that partially digests itself *before* you take it, thus giving the full nourishment of the Food with the minimum of digestive strain.

BENGER'S Food
Regd. Trade Mark

BENGER'S FOOD. LTD., HOLMES CHAPEL, CHESHIRE.

The Nursing Profession may obtain descriptive literature and sample on application.

N194

A Food Problem in PREGNANCY

One of the most vital dietary needs in pregnancy and lactation is a greatly increased intake of Vitamin B. The amount is 3 to 5 times that of the ordinary requirement namely, an extra 500-1,000 International Units of B1 per day.

This high requirement sets a dietary problem, for even such supposedly "rich" sources of Vitamin B as wholemeal bread and malt foods provide only a mere 10 units or so per ounce.

Bemax, however, solves the problem. Here is a delicious *natural* food which provides 320-420 International Units per ounce. *No other food contains anything like this amount.* Bemax has a low fibre content, is easily assimilated and enjoys full medical confidence.

BEMAX

The Richest Natural Vitamin Tonic Food

From Chemists and Stores, 2/6 and 4/6.

Descriptive literature gladly sent on request.

Vitamins Ltd. (Dept. N.T.1), 23, Upper Mall, London, W.6.

'SIDHIL' METALLIC BEDSTEADS & WARD EQUIPMENT

"SIDHIL" Bedstead No. 533, with adjustable back-rest and double wheeling foot-end.

WE are the only actual Hospital Bedstead Manufacturers in the North, and during emergency conditions are giving preference and every attention to Hospital and Institution requirements.

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JOURNAL OF THE ROYAL COLLEGE OF NURSING

Nursing Times

VOL. XXXV No. 1803 SATURDAY, NOVEMBER 18, 1939

EDITOR: MISS K. F. ARMSTRONG, S.R.N., S.C.M., DIPLOMA IN NURSING, LONDON UNIVERSITY

"A Little Play"

THE nursing profession carries a great responsibility to-day. It is, to a great extent, responsible for the professional education and training of a large number of young women who are entering our hospitals as probationers, as nurses, or as nursing auxiliaries, and it is also responsible for their recreations.

On the side of professional responsibility need we have any fear? We should like to think not. But we must remember the strength of a chain is the strength of its weakest link. It is vital to the progress of the profession after the war that every nurse lives up to the best that she knows, and, not content with this, looks out for what is better than her best—not what is easier, but what is better. The position of the profession after the war will depend on how each one of us bears herself in relation to the various duties and difficulties which she has to face. What will people think of nurses and nursing? Many, alas, may pass through our hospitals and first aid posts before the war comes to an end and we set our faces to the building up of peace. The work and behaviour of every one who wears nurse's uniform to-day will affect the place that nursing takes as a profession after the war.

✦ ✦ ✦

On the recreational side shall we show the same ability? The recreation of the nurse used to get short shrift in the "good old days." In the first place the nurse had little free time, and was often too tired to take an interest in recreation in such time as she had to herself. Now things are very different, and though war may upset the even tenor of our ways nurses have, as a rule, both the time and the inclination for recreations.

A further responsibility arises from the fact that the nurses to-day begin their training at 18 years, and nursing auxiliaries may enter hospital at the same age. The need for a little organisation and guidance is therefore very important, particularly where the black-out or a hospital situated in the heart of the country makes outside sources of recreation a matter of greater difficulty than usual.

We were very glad to hear of one hospital in which there is a "C.O." in charge of entertainments, and a weekly concert by an expert concert party holds both an appreciative audience and an excellent stage curtained by the expensive board room curtains. The stage is, in fact, too good to come down, even on the monthly occasion when the concert is replaced by a dance.

We were also glad to hear of the London Hospital's "comforts for nurses" club with its request for hockey sticks, golf clubs, tennis rackets, books, and the like. We feel sure others will follow the lead, and we hope donors will not only be moved to part with useless things—which, alas, is sometimes the result of these charitable appeals.

✦ ✦ ✦

Another vital need for the nurse is somewhere quiet where she can read and write in peace, and study, if the spirit so moves her. Many nurses have, unfortunately, had to revert from the pleasant bedroom of the modern nurses' home with every convenience to the dormitory for 12 or more to share. This may be necessary as a war-time measure and the men in France might well think it luxury. If it is to persist possibly for three years the authorities should do everything in their power to find something in the way of reading rooms for the staff.

There is another appeal we should like to make—this time to the B.B.C. We feel that their timetables are not sufficiently elastic to meet the needs of nurses. Certainly there must be a fixed time for items such as news. But must there be a fixed time for dance music and that at about 11.15 p.m. each night, when a worker who must be on duty at 7 a.m. is scarcely anxious to begin to dance? There must be thousands of young men and women who would like to dance but who are isolated in hospitals, camps and country houses: could not a great deal of pleasure be obtained from dance music at a reasonable hour? Could we not have dance music at least one evening a week, say from 8.30 p.m. to 9, and 9.30 p.m. to 10.15 p.m., leaving a break for refreshments and change of programme for non-dancers. We may be answered that there

are many dance bands out of work who would be cheated of a livelihood. The dancers we are envisaging could not afford to engage them nor could the players easily reach them. Could not the B.B.C. employ them and make it a paying proposition for them? We should like our readers' opinions.

Another recreation is both popular and profitable at the moment and that is knitting comforts for the forces. Although the authorities do provide what is necessary in the way of "woollies" the hand-knitted variety from home is much appreciated. And official ideas of what is "necessary" can often bear enlargement. We are starting a new series of knitting instructions for these extra "comforts" in this issue (see page 1403), and we hope that our readers will find them of use in their knitting parties.

There are, of course, many other ways of recreation which we have not space to discuss. Each one of us has her own ideas. The main thing is to put them into practice, and now is the time :—

". . . a little play
To keep us going—and so good-day!"

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Topical Notes

First Adjustment, Then Reorganisation

On every side there are signs of an awakening to the need for specialised training and further education. With the outbreak of hostilities and the knowledge of the destructive possibilities of modern warfare our universities curtailed and shifted their activities, and bodies such as the Royal College of Nursing (which normally is in part very definitely an educational body) turned their attention to the pressing problems of the moment. Now those problems are being solved or are solving themselves to a certain extent and our life is accommodated to the necessary changes which have occurred. A vital need is the reorganisation of every possible educational activity. Even through the first difficult period, courses of lectures on first aid and A.R.P. have been continued and have been well supported. At the moment the demand for these two subjects appears to have lessened, but, if there are still nurses who want help and can attend at headquarters, their requests will be met if the need is sufficiently great.

Opportunities for Nurses

The fact that Dr. Trueta has promised to lecture at the College on the treatment of war injuries on December 6 will make all those within reach of headquarters anxious to avail themselves of the opportunity to hear someone whose work has gained an international reputation. We would advise our readers to make an early application for seats so that they are not disappointed (see page 1406.) Another special opportunity is a course in industrial nursing planned to begin on December 4. The ground for a further opening up of educational facilities is also being explored, and we hope that nurses will keep in mind the needs of the nation and the profession and try to fit themselves for the work for which they have a special bent.

Busmen and Gastric Disease

The incidence of gastric disorders among bus drivers and conductors has been under discussion since the bus strike of 1937, and the final report of the Committee of Enquiry, which was set up then, has now been issued by the Ministry of Labour. Medical evidence before the committee stressed two factors as causing gastric disease—irregularity of hours of work and meal times, and nervous anxiety and temperament. The report therefore suggests longer intervals between changes of shifts, easing of certain spells of duty which appear to last too long before a meal relief, reduction in the number of very short meal reliefs and constant review of the schedule of duties, especially with regard to standing time between journeys. Some of the medical witnesses thought that the type of food eaten by busmen while on duty was, on occasion, indigestible and not very nutritious, and they all agreed that cigarette smoking was

"With Proud Thanks-giving"

Sisters and nurses from the London Hospital attended a special service at St. Martin's Church, Trafalgar Square, on Armistice Day and afterwards laid wreaths in memory of Edith Cavell at the foot of the memorial statue in St. Martin's Place

injurious to those who were "gastric prone." Some of the suggested reforms have been or will be made, no doubt, but the report is not very satisfactory in its conclusion: "That some nervous strain is present in operating a passenger vehicle through central London is obvious, but the extent of its importance as a contributory factor in the observed excess of gastric illness we have no means of gauging." We hope there will be further research into this "excess." The nervous strain of black-out conditions should afford useful data.

Evacuation Leaflets

"BED-WETTING" and "Think First of Baby" are the titles of two leaflets issued by the National Baby Week Council for special use in the reception areas. Indeed, the detailed practical advice given in the first one would be useful to anyone faced with the problem of enuresis. The second one is addressed to the mother who, having been evacuated, thinks now of returning home with her baby to a danger zone. The Council (29, Gordon Square, W.C.1.) will supply these leaflets without charge. A third leaflet concerns the care of school children's hair and gives a simple method of ridding it of nits and lice with steel toothcomb, olive oil, soap and water, and the scissors. We should, however, be inclined to hesitate before using the scissors too freely. This leaflet is issued by the Health and Cleanliness Council, Aldwych House, W.C.2 —also free of charge.

Blood for the Troops

THE Army has its own blood transfusion service which existed in skeleton form before the war and has now been considerably expanded. There are two units—the home unit, which is responsible for the collection of blood and its transport to the Expeditionary Force, and the overseas unit, which deals with the distribution and administration overseas. The blood is carried by air, and in France mobile refrigerator vans distribute it to the different field medical units. Donors are needed in the West country, where the Army Medical Service has made detailed arrangements for the collection of blood, and volunteers (both men and women) are asked to apply to the Organising Secretary, Army Blood Transfusion Service, Canynge Hall, Bristol. The names received here are recorded and in due time the volunteer receives a notice asking him to present himself at a certain time at the particular centre in his neighbourhood. The donation of blood is a very personal sort of national service, and it is not surprising that already, in the words of an announcement from the War Office, "the response has been most gratifying."

Nurses and First Aid Posts

A QUESTION concerning nurses at first aid posts came up in Parliament the other day. Mr. Robert Morrison asked the Minister of Health whether, in view of the large number of qualified and experienced hospital nurses at present disengaged, he would permit local air raid precautions committees to engage an additional professional nurse for each first aid centre. Mr. Elliot replied that the establishment of a first aid post included one trained nurse. He did not feel in a position to recommend the enlargement of this establishment. Unfortunately, there has been much confusion about nurses at first aid posts lately. Some of our readers have written to us of instances where an extra nurse has been engaged at a first aid post at the low salary of £2 a week. It has turned out in each instance, however, that the nurse had not been engaged specifically as a trained nurse, and was not therefore entitled to the trained nurse's salary. On the other hand, we cannot expect the Government to increase the expense of first aid posts at present when there is little for the personnel to do except "stand by."

Miss Parken of Winchester

MISS C. PARKEN, matron of the Royal Hampshire County Hospital, Winchester, has tendered her resignation on account of ill health, and the news has been received with great regret by the hospital authorities and the staff of the hospital. (See also page 1400). Miss Parken, who is a trainee of St. Thomas's Hospital, and a member of the Royal College of Nursing, has been matron since 1933, and during this time has seen many changes and additions to the hospital. In fact, she describes the atmosphere of the place as "one of constant development."

The Children's Teeth

A COMPLAINT that the children's teeth are being neglected has been made by Sir Norman Bennett, the dental surgeon, in a letter to *The Times*. "In London," he says, "dental service is very much reduced. In reception areas the children, many of whom have been accustomed to regular dental treatment, are not even receiving emergency treatment, except by the kindness of local dentists." Several Government departments and education authorities are, he thinks, concerned in this "neglect," but practically nothing is done, although anyone with special knowledge, armed with authority and permission to spend not more than has hitherto been spent in peace-time on the London children could work wonders in a fortnight. Many health measures have had to be neglected during the last 11 weeks and it does not do to grumble too loudly and too often, but here is a serious position that will affect the health of the nation in years to come. As Sir Norman suggests, if this generation is fighting for the sake of posterity it is a pity to neglect such an essential factor in posterity's health and well-being as the teeth of our own young people.

The Emergency Medical Service

REPRESENTATIVES of the advisory committee set up by the Central Medical War Committee recently submitted their recommendations for the reorganisation of the Emergency Medical Service to Mr. Walter Elliot, Minister of Health. The main objects of the recommendations are to release consultants and other senior members of the medical profession from their whole-time obligations in the Emergency Medical Service so that they may be free to attend to the needs of the civilian sick and to their normal duties in the medical schools, while still remaining available on a part-time basis for casualty work. Mr. Elliot, after discussing the different points raised, promised the committee to consider the recommendations with his expert advisers and said that he hoped it would be possible for members of the committee to discuss details with his advisers.

A Changed Hospital

THE Homoeopathic Hospital, another of London's casualty clearing stations, which has evacuated most of its patients to "somewhere in England," still keeps two wards going for cases on the spot, and has accommodation for 100 in case of an air raid. The staff has quickly adapted itself to

These pictures were taken at a famous Naval hospital "somewhere in England" and show the first casualties on the Navy's Home Front, augmented by a few Army and Air Force patients. Above: Sister gives a hand with a jig-saw puzzle. Right: a stretcher case arriving at the hospital in a laundry-van converted into an ambulance.

Some of the beautiful gifts given by Queen Mary to the Royal College of Nursing Christmas tree appeal

the changed hospital. The theatre has been moved into the basement "for the duration," and has been rendered gas-proof. The beautiful board room is hardly recognisable in its new guise of receiving room, and there are adequate arrangements for the decontamination and treatment of gas casualties. In the meantime out-patients, and casualty work continues much as usual, though many of the patients now, as at other hospitals, are black-out casualties. The members of the Civil Nursing Reserve who are employed at this hospital are getting good experience, and, incidentally, are proving a real help to the regular nursing staff.

Training Nursing Auxiliaries

An interesting experiment in the training of nursing auxiliaries is going on at Bicester and Northampton. Training schools have been started for members of the St. John Ambulance Association. In these the students will reside for about two weeks during which time they will have their lectures on first aid from a doctor and home nursing from a State-registered nurse. By this arrangement the schools, which are small, enable the students to spend much more time in the supervised practice of the arts of bedmaking, bandaging and treatment than is usual in these courses. The organisers hope that they will be better prepared to give valuable assistance as nursing auxiliaries in the wards and will get a sounder idea of hospital discipline—which is, after all, at its best merely consideration for others of superior, equal and inferior rank. We shall be interested to watch the progress of this venture. A small charge is made and many enquiries have followed the letter which appeared in the columns of *The Times* on October 25 from the originator of the scheme, Mrs. Beckwith Smith, Lady County Superintendent of St. John Ambulance Brigade.

Treatment at British Spas

The taking over of spa hotels has been the subject of severe criticism, for it placed invalids in a very serious position and in many cases in danger of possible injury to their health. The British spas—Bath, Bridge of Allen, Buxton, Cheltenham, Droitwich, Harrogate, Leamington, Llandrindod Wells, Strathpeffer and Woodhall—have now made arrangements for dealing with difficulties, and, contrary to the general impression, can usually meet the requirements of prospective cure visitors. Invalids should communicate with the director of the spa where they require treatment, or, if in doubt, with the honorary secretary of the British Spas Federation, either at the Pump Room, Bath, or the Travel Association Information Bureau, 28, Cockspur Street, S.W.1.

Our Christmas Tree

From December 4 to 9, the entrance hall of the Royal College of Nursing will have its Christmas tree ready to receive gifts for the Nurses' Appeal for the Nation's Fund for Nurses. The tree is an annual reminder to members not only that Christmas is near but that many of their colleagues will not have a very happy one without their help. Already Queen Mary has sent a parcel of lovely gifts for the tree (see picture above) and it is hoped that all who can will follow Her Majesty's example and give generously to this good cause. Many, indeed, have already done so, and a long list of readers who have "posted early for Christmas" will be found on page 1398.

District N

Above: *taking the patient's temperature, pulse and respiration. The thermometer is carefully sterilised after use.* Right : *getting ready to apply a poultice to a patient with pneumonia. The tin of Antiphlogistine is placed in a pan of boiling water over a low flame.*

During her six months' training the Queen's nurse learns to adapt the principles of asepsis and knowledge of general nursing technique acquired during her general training, to the requirements of the patient's own home. The pictures on this page show how she goes about her work.

Above : *after applying the poultice, Nurse adjusts the pneumonia jacket. She is helped by one of the relatives who has donned a nice clean apron for the occasion.* Right : *when the Queen's nurse returns from her round she attends to her bag, cleaning and sterilising the things she has used and replenishing the contents of bottles and dressing bags*

Nursing Technique.—I

By M. GALBRAITH, S.R.N.,
Superintendent of Queen's Nurses,
Brighton District Nursing Association

NURSES qualifying as Queen's nurses invariably make the same remark during their six months' course: "I had no idea that district nursing was so well organised, or that treatment could be given in the homes of the people as aseptically as in the hospital ward." The organisation and the special technique are by no means easy, and the six months' course which every Queen's nurse must take after her general training is necessarily a very comprehensive one to enable her to undertake the varied work which will be her lot when she leaves her training home.

Florence Nightingale on District Nursing

When, in 1859, Mr. William Rathbone of Liverpool, the founder of district nursing, consulted Miss Florence Nightingale on the subject of district nursing, her reply was typical of her: "District nurses are needed, badly needed," she said, "but the *homes* must be nursed as well as the people," and, although nursing the sick is the primary work of the Queen's Institute, we never lose sight of this aim. Each visit from a Queen's nurse is, in fact, a health visit, for during her time in the house she tries to inculcate the simple rules of health, and to explain how these help to prevent disease. An unique opportunity is hers, for she has the entry into the homes of the people and the confidence of her patients, and her advice is sought on many matters not only by her patients but by their relations and friends.

The Queen's Nurse

To-day, Queen's nurses in the British Isles both in urban and rural areas are undertaking the combined work of general nursing, midwifery, maternity nursing, health visiting and school nursing with remarkable success. County councils delegate the work to the district nursing association and it is supervised by a superintendent who is herself an experienced Queen's nurse.

The Queen's nurse's bag is a familiar sight. What does it contain? A detailed list of contents would take up too much space, but in it are the necessary appliances for her treatments, as well as things she might need for any emergencies which occur on her round. The nurse keeps her bag as surgically clean as possible. She changes its washable lining weekly—or oftener if necessary—and when she comes in from her round she turns out the bag and cleans and sterilises the things she has used.

Before removing instruments and other articles from the bag she washes and dries her hands, and she washes them again before removing instruments from the steriliser and drying them to return to her bag. Any bowls or other enamel or aluminium articles she boils before putting away. Soiled dressings never find a place in the bag. They are wrapped in newspaper and burnt before the nurse leaves the house.

Requests for patients to be nursed, with instructions as to their treatment, are received from the doctor or hospital and may be in writing or be given verbally or by telephone. Where morphia or a similar drug is prescribed, however, the nurse must receive instructions in writing, stating the amount. She records the amount given and the time on a message paper. She always leaves a report for the doctor on a special form at the patient's house, on which he also writes any changes of treatment. A chart is kept for every acute case and for any case where there is fever.

Sterilising the Thermometer

Every new patient, irrespective of the disease, has his temperature, pulse and respiration recorded on the first visit. The nurse uses a glass potted-meat jar containing lysol or Dettol, with cotton wool in the bottom, for the thermometer. A clean piece of old linen with a hole in the centre covers the jar and is kept in place by a rubber band. She takes the patient's temperature under the tongue, reads it, and then wipes it on a small square of old linen from a stock she keeps for this purpose and places it in the lotion in the jar. It remains there while she attends to the patient, and when the treatment is finished she takes it out, wipes it on another linen square, shakes it down and returns it to its case. (For midwifery and maternity cases a thermometer is left in the house for the whole of the lying-in period.)

General Nursing Care

The Queen's nurse's technique for the general nursing is the same in most cases, though cerebral patients or advanced cases of tuberculosis are generally nursed on water or air beds, and incontinent patients, where suitable, on rubber bed-pans. In every case, the first thing for the nurse to do is to gain the co-operation of the patient's friends and relatives to help her make the surroundings suitable for use as a sick room. She has unneces-

sary furniture and curtains removed, to increase air space, and sees that the room is clean and that there is sufficient ventilation and heat.

General Nursing Technique

If necessary, she has the bed moved in order to make access to the patient easy from either side. She secures a bedside table, or improvises one if a suitable one is not available. She arranges day and night nursing by relatives where this is necessary so that no one person will suffer unduly from the strain of too little sleep or relaxation. If nursing appliances are needed, such as a bed-rest, mackintoshes, air ring and so on, she arranges to loan these from her well-equipped store at the home. She makes out a diet sheet which greatly simplifies the food problem, especially where such a drug as M. and B. 693 requiring a sulphur-free diet is being given. If the patient has rheumatism, disease of the kidneys or pneumonia, he must be nursed in a flannel gown in order to avoid the risk of chill, and this too may be loaned from the district nurse's cupboard. It is made after a special pattern and is easy to take off and put on without disturbing the patient.

Before starting operations the nurse must have the following articles in readiness: a kettle of hot water, a jug of cold water, basin, soap in a dish, surgical spirit (either with or without olive oil), dusting powder (in a clean cocoa tin with holes in the lid), two towels, basin cloth, newspaper and a pail. She will also need tow or dran rags, and possibly clean bed linen and gown.

The nurse gets the report from the relative, and proceeds to the patient's room with the kettle of boiling water. She greets the patient, takes her temperature, pulse and respiration, and then proceeds to carry out the necessary nursing care. She puts the patient's gown, towels and clean linen to warm before the fire, and, if a poultice is necessary, this too is prepared. After the tin of Antiphlogistine has been heated in a saucepan of boiling water, the contents are spread on lint, covered with gauze, the edges are turned in and the poultice placed between two plates on top of a saucepan of boiling water until required. The nurse then shuts the window and strips the bed, folding the bedclothes and putting them on a chair, taking care to leave a blanket next to the patient.

The toilet is carried out with the minimum of movement on the part of the patient. The bed is made when the back is done, the draw-sheet being taken out, put to air and put in again when she is turned on the other side. If a poultice is to be applied this is done now, and the covering wool and linen jacket (cut to allow it to be fastened at the shoulder) put on at the same time. Next the warm gown is slipped on and the pillows arranged to allow the patient to breathe easily. The bed making is then finished and the patient's mouth cleaned with glycerine and borax.

Four Visits a Day if Necessary

Afterwards the teeth are cleaned and the patient uses a mouthwash. Then, after doing the patient's hair, Nurse opens the window, tidies up, washes her hands, gives the invalid some nourishment and writes her report for the doctor. She then gives the relative instructions about the patient's care and says when she will visit again. If necessary, she may pay four visits a day.

During her visit the nurse takes special care to protect the furniture and other possessions by spreading newspapers on tables and chairs and on the floor, and she tidies as she goes, thus setting a good example. She burns soiled dressings herself before leaving, and she wraps soiled linen in newspaper and hands to the relative; she never leaves this in the sick room. Any water she has used she puts down the lavatory.

(To be continued)

Ophthalmic Emergencies in Air Raids

As the effect of mustard gas is instantaneous nothing can be done to counteract the damage from exposure to gas or liquid. Treatment of eye injuries therefore aims at the relief of symptoms, the control of the lesion, and the prevention of secondary infection and of complications. As an "anxiety state" from the fear of blindness arising out of the inability to open the eyes is a prominent feature, the patient has to be reassured about his sight by the simple procedure of gently separating his lids to convince him of his ability to see. Symptomatic treatment of conjunctivitis from vapour gas consists of irrigation with some bland lotion, such as sodium bicarbonate solution (10 grains to the ounce). Castor-oil drops or liquid paraffin drops may be helpful. Where the cornea is involved atropine drops, 1 per cent., should be instilled three times daily. A loosely fitting shade made of cardboard is useful, as are dark glasses, but the tight fitting cellulose shades of commerce should not be used. On no account must the eyes be bandaged, for any persistent vapour is thus kept shut in and irritating discharge is pent up. Where secondary infection has occurred the usual treatment for acute conjunctivitis has to be carried out. The presence of corneal abrasion, corneal ulceration, and their complications calls for the special measures employed for these lesions in civil life. Burns of the lids should be treated on general principles. The conjunctival sac should be irrigated. Reactionary chemosis of the conjunctiva requires fomentations or dry heat. Where corneal complications threaten, or are present from exposure of the cornea, atropine should be instilled. A burn of the conjunctiva calls for special care to avoid shrinking and symblepharon. Gut. ol. ricini and the frequent use of a glass rod to break down fresh adhesions are necessary.—*Arnold Sorsby, M.D., F.R.C.S., writing in the "British Medical Journal."*

Book Reviews

PLEASANT FOODS FOR DIABETICS.—*By A. Sanders. (Faber and Faber, Ltd., 24, Russell Square, W.C.1; price 3s. 6d.)*

In her introduction the author claims that the recipes in this book are "efficient, economical and simple." Taking these qualities in turn, one can scarcely describe as efficient recipes for diabetic patients which are given without their food values, as these are. The busy doctor who must decide which recipes are most suitable for his individual cases will naturally expect to find at least approximate food values given with each of these.

Economical dishes do not include cream and most people do not possess cream-making machines. Twenty-six recipes for puddings are given in this book and 17 must be made with the addition of cream. Then, though some of the dishes are easy to prepare, they cannot all be designated as simple; the use of soya flour, for instance, calls for much skill in handling and cooking.

A note stating that of salted almonds "a few are allowed each day" might be somewhat misleading to those patients whose wishes are fathers to their thoughts. The fat value of almonds is relatively high, and their satiety point is comparatively low.

The recipes are good and varied, and if the author would, in a second edition, give the food values of these, the book might well be considered as suitable for recommendation to doctors, nurses and intelligent diabetic patients.

R. M. S., S.R.N.

FIRST YEAR NURSING MANUAL.—*By Margaret S. Riddell, A.R.R.C., S.R.N. Fifth edition. (Faber and Faber, Ltd., 24, Russell Square, W.C.1; price 3s. 6d.)*

This little book is far too well known for its fifth edition to need an introductory review. It is one of the most useful practical text-books for the first year nursing student. Much of its subject matter is excellent, but I am sorry to see that Miss Riddell makes mention of one or two unsound methods that one hoped had now died a natural death. For example, in the treatment of pressure points (page 41), she still advocates the massaging of a lather of Castile soap into the skin until the hand is dry. Is not this physiologically unsound? Sister tutors teach that only by the maintenance of correct function—for which adequate removal of waste products as well as a good supply of oxygenated blood are necessary—can the vitality of a tissue or organ be ensured. By blocking the openings of sweat ducts the excretory function of the skin is hindered and waste products, including the dried soap, are decomposed in the skin, thus lessening its vitality.

Again, in the section on moist inhalations (page 67), it is stated "Whether a Nelson's inhaler or a jug is used . . . the patient's head is covered with a small blanket or bath towel." This may be of value when an open jug is used, but is quite purposeless with a Nelson's inhaler. Do not most specialists in nose and throat work prefer that the towel should act only as a seal between the jug and the patient's nose and mouth, so that the eyes are excluded? This is much more comfortable, and enables menthol to be used in the inhalation. In the former case the patient is hidden from view by the towel over the head and the nurse cannot supervise the treatment as she should.

The chapter on bedmaking is, on the whole, helpful, but it would be useful if the author had included an account of the making of a divided bed—as used for amputations of the thigh and for vaginal examinations and treatments.

Further on, in the chapter on the feeding of patients, the grading of milk is given according to the standards that were observed before the passing of the Milk (Special Designations) Order, 1936, and that are now obsolete.

But these are minor points in a book that has so much to recommend it. Throughout, the descriptions and illustrations are clear and most helpful. The chapter dealing with the measurement of lotions and simple drugs explains clearly and simply the calculations that are necessary in making up given quantities and certain strengths—problems in simple arithmetic that prove such a pitfall in nurses' examinations.

The section on bandaging is excellent and so are the chapters on first aid. They give all the information required for the Preliminary State Examination, and none of the more advanced subject matter that should be given in the second and third year of training.

A.E.P., S.R.N., Diploma in Nursing
(London University)

Books in Brief

FICTION

Nanking Road

By Vicki Baum (Bles, 8s. 6d.)

"Grand Hotel" made a sensation when it appeared a decade ago, and this story by the same author is likely to be equally popular. Once again an hotel is the setting—but this time in Shanghai, two years ago. Refugees from different parts of Europe, Americans, and, of course, the Chinese themselves are the characters who take part in this moving story of modern China.

Let the People Sing

By J. B. Priestley (Heinemann, 8s. 6d.)

Those who were unable to hear Mr. Priestley's novel, written for broadcasting, when it was given over the air, should read it now. Those who heard it will certainly want to read it for themselves, for the entire story was not broadcast. The happy-go-lucky atmosphere of the book and the amusing adventures of the characters will undoubtedly remind readers of "The Good Companions."

NON-FICTION

The Victorian Age

By R. B. Mowat (Harrap, 7s. 6d.)

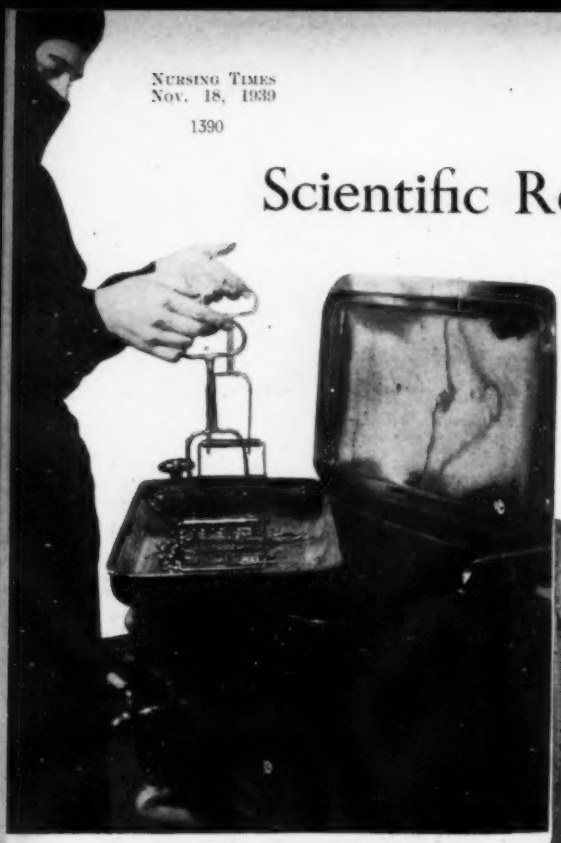
Those who are apt to allude to the Victorian Age with something akin to contempt should read this entertaining collection of essays. The author deals with the period from 1840 to 1880 and the subjects, which range from politics to humour, contain quotations from eminent people of the time.

Escape With Me!

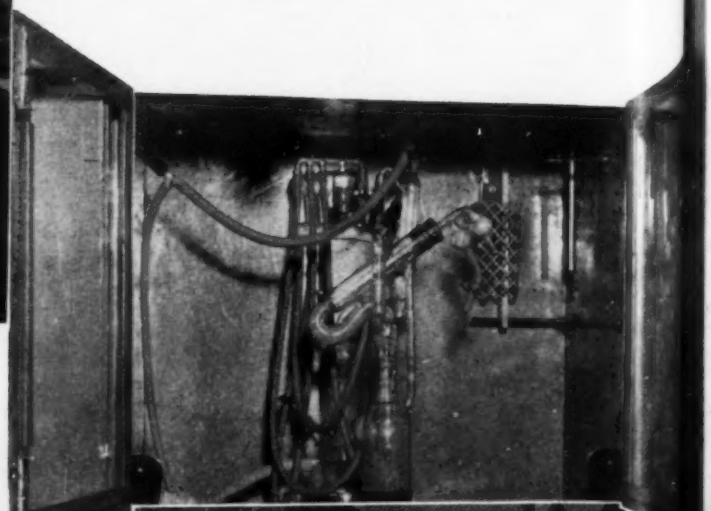
By Osbert Sitwell (Macmillan, 12s. 6d.)

In this entertaining travel book on Indo-China and China, the author faithfully carries out the promise held in the title, for his vivid pictures of the Orient offer an avenue of escape from the humdrum of ordinary life as well as from the grim reality of war.

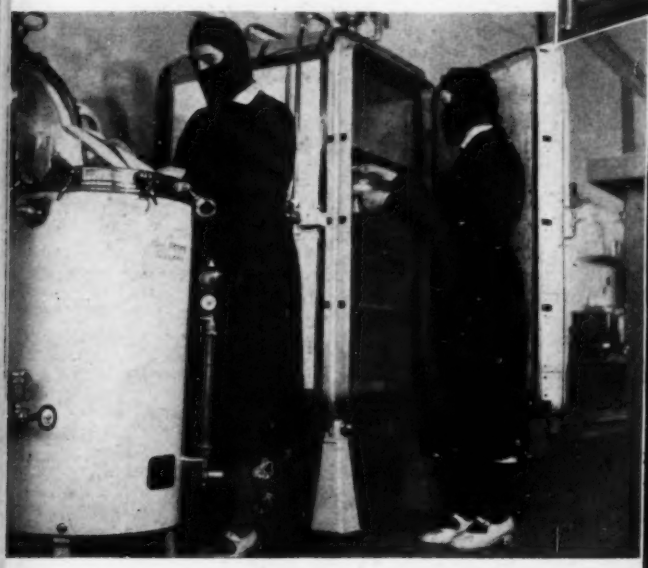
Scientific Research at the Biological Institute, Copenhagen



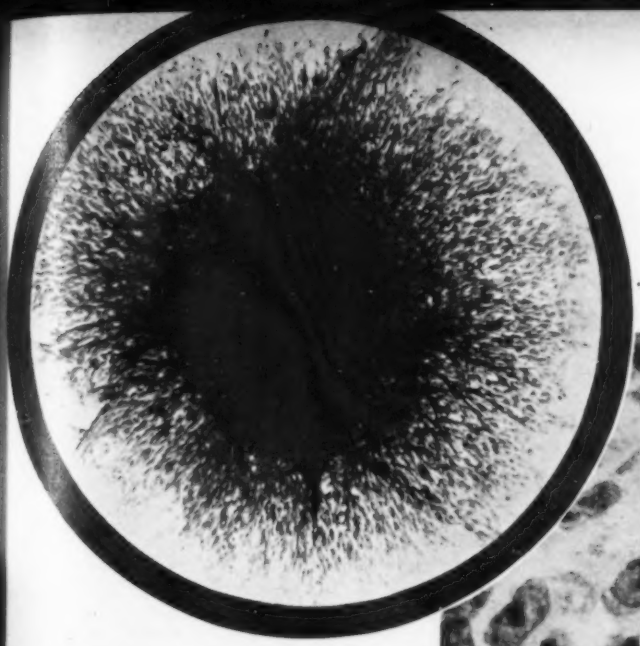
Above and below: *sterilising instruments*



Right: *one of the only two Lindbergh "artificial hearts" in the world is at Copenhagen. It is kept in a cabinet at blood heat and will keep alive organs which have been excised. Thus they can be kept under continual examination.*

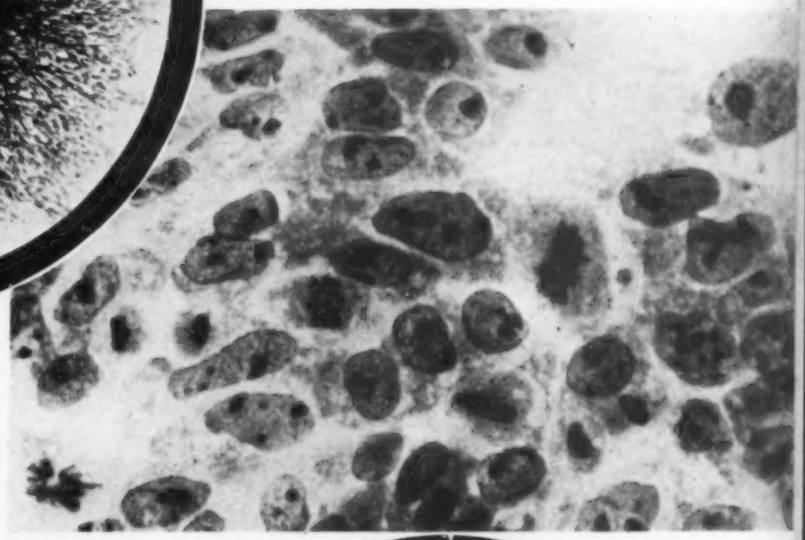


Right: *separating a malignant tumour from a white mouse, for use in the artificial heart. The assistants wear black to prevent glare.*

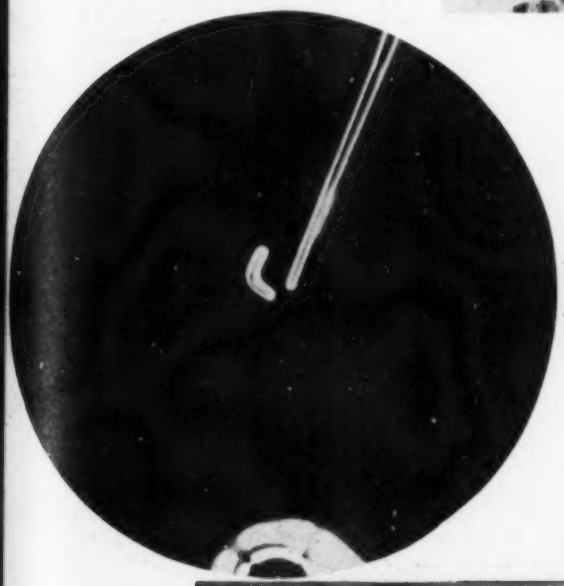


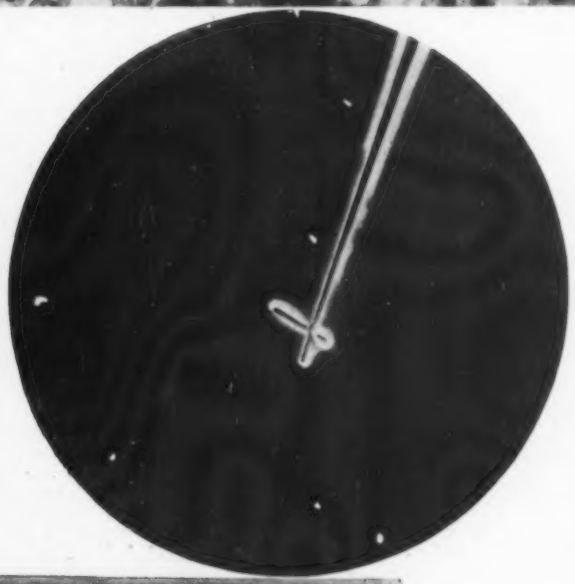
Left : *a micro-photograph of rat cells magnified 70 diameters*

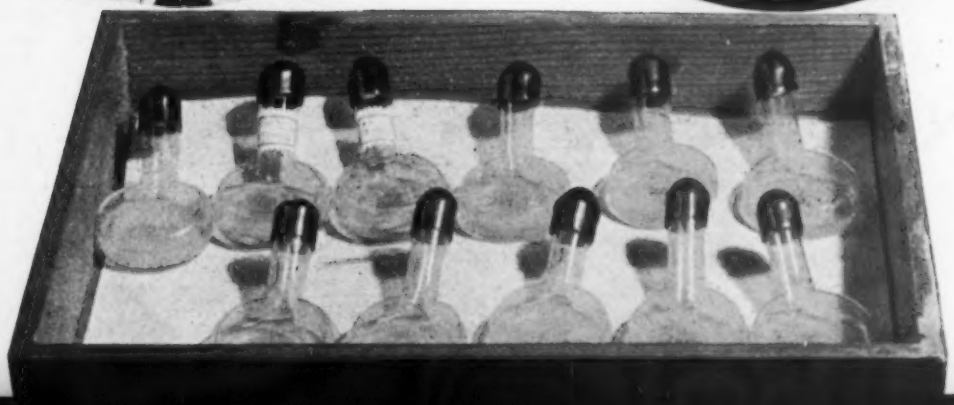
Below : *the same group magnified 480 diameters. It can be seen that some cells have divided and others are about to do so.*



Below : *two pictures, the first to be taken, of an amazing operation—cutting a bacterium in two. Professor Peterfy of Hungary is the only biologist so far to do this. He uses a glass instrument so fine that it cannot be seen by the naked eye. The operation needs immense patience.*
Foot of page : *flasks containing sterile cell cultures.*







A Nurse-Patient Looks at Tuberculosis

IT is easy for a nurse to read, in the innumerable textbooks of practical nursing, how to care for the physical condition of her patient, but only by sympathy and practical experience can she learn to understand and help his mental state. It is a happy sign that more and more attention is being paid to the study of psychology in the curriculum of the modern general trained nurse, so that she may take a sympathetic interest in the mental attitude of her patient. This is especially necessary in lengthy illnesses, such as tuberculosis, where the patient has time to become very introspective and apprehensive.

The First Stage

The primary reaction, on being told that you have tuberculosis, is "Why should this happen to *me*?" Unless your outlook on life is a very philosophic one, this attitude may persist until you reach a sanatorium, where the sight of others who are so much worse off will provide an effective antidote. It is a bitter blow, too, to realise that your work, for the time being, is finished—for each one, no matter how humble, cherishes a secret belief that she is indispensable. Finally, there is the dreadful realisation that you are infectious and therefore a menace to your nearest and dearest.

In combating all these characteristic reactions I was helped by my nurses. The first was easy. It was not so much a case of "Why should it happen to me?" as "Why did I not recognise it earlier?" I remembered the persistent cough, about which I had joked, the recent night sweats, and above all, the overwhelming weariness of the past few months, and it was a relief to realise that my disinclination for work had been due to an organic disease, and not to "staleness" or laziness. As for the regrets at leaving my work, no nurse is sufficiently vain as to believe that she cannot be replaced. The work of the hospital must go on, irrespective of individuals.

"When One Door Shuts . . ."

My nurses and friends were not merely comforting, they were constructive. They reminded me that I should now be able to enjoy the peace and quiet of the countryside, forgotten in the rush of life in the city. One lent me books by Viscount Grey of Fallodon, which bred in me an unquenchable interest in birds and their ways; another out of the kindness of her heart knitted mittens for me so that I might sew and turn over the pages of my books as it was still chilly out of doors. And then I remembered all the books I had been waiting for an opportunity to read: Doughty's "Arabia Deserta," Malory's "Morte D'Arthur," Trevelyan's "History of England," and many others.

The feeling of being infectious was not so easily dealt with, since it was unspoken. I found myself watching for any signs of revulsion on the part of my nurses; but they continued to give me the same cheerful care and allowed other patients to come and chat with me, so I decided I was hypersensitive on the subject. Oddly enough, it never occurred to me for an instant that I should not recover rapidly; I suppose the characteristic *spes phthisica* of the consumptive bore me up.

The Sanatorium Stage

After a lengthy wait, I was admitted to a sanatorium. It was early summer and the country was delightful. From my bed I could see miles of open country, birds of every variety nested in the shrubbery, and the garden was filled with flowers. It was easy to rest and my mood became one of quiet contemplation. The patients, for the most part, were happy and intelligent; they were startlingly knowledgeable about tuberculosis. I decided this was because we were treated with the utmost frankness with regard to our condition. There were no quiet consultations between Doctor and Sister as there are in hospital, where the patients, for the most part, are told only "what is good for them to know." Here we took our own temperatures, kept our own charts, and visited, or were visited by, our doctor at least once a day, with no nurse present except when physical examinations were being carried out.

Heights and Depths

As a result we became more self-reliant and realised that our progress was due mainly to our own efforts, so that it was unusual to find a patient who did not rest for the required periods, and who did not eat valiantly at meal-times in order to achieve the desired gain in weight at the end of the week. This candour, however, did not always bring the wisdom of philosophy to the patient. I myself was often unduly cast down at the small set-backs that must occur even in the most promising patient. When I failed to pass an exercise tolerance test it was a great comfort to be rescued from the depths of despair by a reminder from an experienced nurse that it had been a hot clammy day, and that I had been unduly anxious.

Unfortunately, so much emphasis is placed on the chest and its condition, that minor ailments,

which may cause a great deal of discomfort, often seem to be dismissed with lack of interest. The patient is apt to feel alarmed and somewhat aggrieved if these uncomfortable symptoms are treated with indifference.

Convalescence

It is difficult to know where the period of convalescence begins and where it ends. Presumably it begins when you leave the sanatorium, and ends when you take up normal life again (e.g., when the lung is let out after artificial pneumothorax), though purists might assert that convalescence continues till death, since the disease is said to be "arrested," not "cured."

In the excellent lectures that we received at the sanatorium on after-care, the dangers of recurrence were stressed strongly and often, and the importance of rest, and yet more rest, was emphasised. (Indeed, so much emphasis is laid on the danger of recurrence that one is apt to leave the sanatorium very fearful of oneself, and anxious when any minor ailment, especially a cold, occurs.) I realise that it is necessary to warn patients as to the dangers of any recrudescence in order to impress upon them the necessity for adequate rest and sensible living; but it seems to me a pity that they should leave behind some of their courage for life in the sanatorium, and feel obliged to live in a state of semi-invalidism. Here again, sanity and balance, those two most precious attributes, are necessary to strike a happy mean.

What has the disease taught me? It has taught me the importance of knowledge and sympathy in the nurse who cares for patients suffering from pulmonary tuberculosis—knowledge to adjust the symptoms to a proper perspective in the patient's mind, and sympathy to deal with the minor mental crises that occur in the slightly artificial existence of a sanatorium. I was naively surprised to find that it was not the most efficient practical nurse who helped me most. There is a quality that I can only describe inadequately as "personality," which shone through the clumsiness and lack of method in some nurses, who cheered and heartened me in a way that their more skilful co-workers failed to do. I do not wish to suggest that extreme efficiency and personality are not compatible; if it were so our profession would indeed be poor. It was merely that I found to my great astonishment that nurses whom I would not have chosen had I been a ward sister were a most delightful and stimulating help in getting well.

A New Sense of Values

I learnt to see more clearly the relative unimportance of many things.

"Getting and spending, we lay waste our powers."

The consumptive has to learn to conserve his energies, and in doing so has time to ponder and enjoy the older, more enduring things of life—a book, a poem, a sunset and the song of birds.

"Look thy last on all things lovely
Every hour,"

cries de la Mare, yet few remember the need for hoarding the golden hours that are still given to us, even in these days of sound and fury.

COLLEGE MEMBER 32903

The Nurse's Garden

GARDENING is becoming more important every day, for it is our duty to utilise every available piece of land for growing food. Unfortunately, nurses with gardens often have little time to spare for them, yet even a few hours well spent will bring worth-while results.

In war-time we need all the cheer possible and a gay show of flowers will help to counteract the inevitable feelings of depression. It is a pity, therefore, to spoil the appearance of flower gardens by too drastic digging and uprooting. Why not effect a compromise? Vegetables can be grown in flower beds, and the one will set off the other. Try a border of carrots. Their feathery tops make a good foil for brightly coloured tulips and the later flowers. Those odd corners and bare patches which are such a puzzle to fill can quite well be planted with cuttings of mint, parsley, thyme and other herbs.

For the vegetable patch itself quite a useful supply can be planted now. Your local nurseryman will give you helpful advice on the right variety for your neighbourhood. Cabbage plants should be firmly planted in freshly dug soil in holes 4 in. deep and a foot apart. See that they are kept well watered, and when frosts appear protect them by earthing them up.

Spinach beet or winter spinach is easily grown and yields a constant supply of this useful vegetable. By sowing the seeds thickly one can save space and thin out later, but a thin sowing will avoid the trouble of thinning out and yield better results. Similarly, rows of turnips may be sown and the tops used as spring greens—a much neglected vegetable dish that is particularly rich in calcium. Broad beans sown in November yield an early supply and are hardier than a later sowing.

Whenever possible dust over your garden with soot, this darkens the soil and keeps it warmer during cold weather, as well as discouraging slugs and other pests.

For those with no garden, a good supply of herbs such as mint and parsley, or salads like mustard and cress, can be grown in pots or window boxes, and can be quite attractive in appearance.

Once planted, none of the vegetables mentioned requires much attention, and in the months to come will save the initial outlay over and over again.

L. J. H.

We Are Prepared:

Brookwood Casualty Hospital, Woking

Above: *the Brookwood Hospital stretcher squad unload patients from the improvised ambulance*
Right: *evacuated patients in one of the wards*

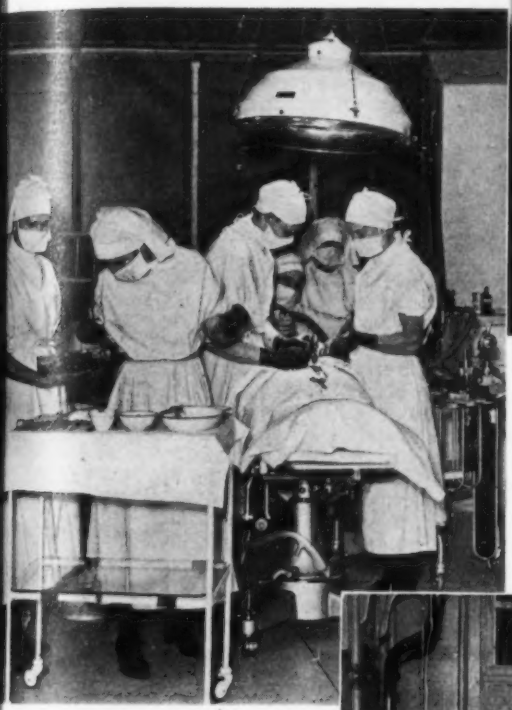
NO doubt every nurse evacuee is home sick for her training school, but there are few evacuated hospitals so happily placed as those at Brookwood Mental Hospital, Woking. Here, although there are still 2,000 beds for mental cases in the older parts of the hospital, there is a casualty hospital of 400 beds pleasantly quartered in modern one- and two-storied villas, some of which are occupied now for the first time.

Our cameraman's first picture shows a convoy arriving. The stretcher bearers are attendants and patients of the hospital who have been trained and drilled to such a pitch of efficiency that they unloaded 20 patients at the time of the first evacuation within 20 minutes. The stretcher is at the entrance to one of the new one-storey blocks. Each ward has several parts; our second picture shows the main ward which contains 24 beds. In addition there are smaller rooms attached which take four to six beds each. The beds, which are, as our photograph shows, rather close together,

Above: *home-made chart holders, and, left, bed rests*

Right: *improvised "patients" to teach the treatment of fractures—the limbs consist simply of blocks of wood*

Below: *the operating theatre in use*



are of the Ministry pattern—in fact all the equipment belongs to the Government except for the attractive counterpanes and bed linen which Matron, Miss Finnemore, has loaned.

There is just room for a locker between the beds. These, though not beautiful as modern lockers go, fill the essential need of somewhere to put things, though their contents are baldly exposed to the eye and make none too pretty a picture. The nurses are planning, however, when more pressing needs have been met, to veil them with curtains which will certainly make the wards look more attractive.

How well other needs have been met by both nurses and medical students was the point which impressed me most. In the first place, the bedsteads have no wheels, so that they are difficult to move and liable to scratch the beautiful polished teak floors. The nurses therefore set to work and made neat little shoes of American cloth for every leg which, to a large extent, overcomes both difficulties. We hope they will wear well and repay the toil.

Next, patients arrived, and many required to sit up in bed,

Centre: *the home-made urinal rack economises in space*

Below, right: *nurses learn to prepare Thomas's splints for use*

Below: *improvised radiant heat cradle*

Putting shoes on the bedstead legs to prevent the polished floor from being scratched

and the head of the bed was not designed to support a pile of pillows nor was a pile of pillows available for each bed. Was the staff daunted ? Not a bit of it. This time the students came to the nurses' aid and made excellent bed rests which raised both mattress and patient very comfortably as our pictures show.

Then came the problem of chart cases and how to attach them to the neighbourhood of the patient. A piece of cardboard with a paper clip was made to serve here, and the students again came to the rescue with pieces of strong wire fixed by screws to the wood which runs round the wall at bed level in most convenient fashion.

So it went on, and, on the day of my visit, the latest and most welcome addition to the ward equipment was a most commodious and compact improvised rack for urinals, again made by medical students. In the sluice I was amused to see that the 6d. stores had also come to the rescue, and in place of a pair of worn Cheatle's forceps, a neat pair of coal tongs was hanging ready for use.

Improvisation did not stop short, however, with ward equipment. In an empty ward the students had improvised "patients" to demonstrate in the best manner skeletal traction with a Kirschner wire and Max Page stirrup fitted up on His Majesty's extension apparatus and a Thomas's splint applied as first aid to a stretcher case.

Improvised bed cradles were kindly produced by the hospital's works department and some of these the students had fitted up to form electric cradles for the resuscitation ward. Here, too, nurses were at work on the new task of putting the leather padding on to Thomas's splints, which had arrived undressed. A visit to an orthopaedic hospital in the sector had taught them how to sew the felt padding on first and then cover it with leather in the approved manner—no easy task.

Not only are the nurses lucky in having these nice new wards and annexes but Matron has arranged a running buffet on the cafeteria system where they are able to buy excellent, reasonable and varied meals from their food allowance, which is 13s. 4d. a week. The cooked food is always piping hot.

Now convoys are arriving and all is in readiness so the profession may well feel proud that a younger generation of British nurses has been undaunted in the face of difficulties and has made provision for the efficient and comfortable nursing of the patients who are and will be coming to them. K.F.A.

News in Brief

Bus Becomes a Theatre

PRESTON'S mobile operating theatre, once a single decker corporation omnibus, will be staffed by a doctor, theatre sister and six nurses from Preston Royal Infirmary, as well as the driver.

A Course in Analgesics

A COURSE of instruction in the use of analgesics will be held at the Birmingham Maternity Hospital shortly and nurses who are interested are invited to write for full particulars to Matron, The Maternity Hospital, Loveday Street, Birmingham.

The Anglo-French Ambulance Corps

THE King with Monsieur Lebrun, President of the French Republic, is to be Patron of the new Anglo-French Ambulance Corps which is now being formed. The ambulances are for service in France and the personnel will be recruited from British subjects living there. It is estimated that each ambulance will cost £500. Funds are needed for the first 100, and each city or town which provides one will have the ambulance named after it.

Cancer Act Date Extended

RECOGNISING the recent "heavy pressure of special work" on local authorities, the Minister of Health has extended the time in which they must submit their arrangements under the Cancer Act, 1939, by 12 months, i.e., to March, 1941.

Bart's Nurse Weds

AT the wedding of Miss Elsie Russell to Dr. J. A. Burnett at St. Bartholomew's-the-Less recently, nurses from St. Bartholomew's Hospital, E.C.1, where the bride trained, formed a guard of honour. The bridegroom was at one time on the staff at the hospital.

Exhibition at the King's Old Home : Result

A CHEQUE for £10,000 presented to the Heritage Craft Schools for Crippled Children at Chailey by Princess Alice, Countess of Athlone, included £6,000 raised by the recent "Exhibition of Royal and Historic Treasures" at 145, Piccadilly, the King's old home, and £4,000 given by Lord Nuffield. The latter sum will be used to build a new nurses' home on the boys' side of the schools.

Keeping Fit in the Black-Out.—III

By IRENE LESHLEY

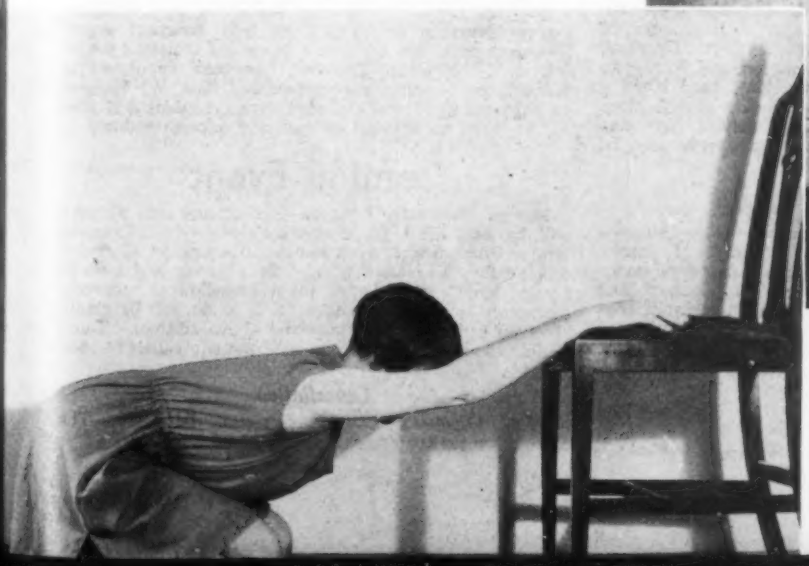
BEFORE going on to the description of the exercises I propose giving you in this article, I should like to say just a few words about the use of music when practising. During the last year or two several people, otherwise quite intelligent, have said to me, "Oh, I see. We are going back to the old idea of doing gymnastics to music." But we are not. In the old days a tune of the "Pop goes the weasel" variety was produced, and then an exercise was made to go with it. In other words, the exercise was not the first consideration.

When music is used correctly in modern gymnastics the exercise should be evolved first, and then music with the same "spirit" found to go with it, so that they work together and the rhythm of the exercise is brought out in the music. Mechanically doing what should be a beautiful and inspiring arm exercise to a tune such as "Run, rabbit, run" (excellent though it may be in a ballroom !) does far more harm than good, though you will probably find that a tune with a suitable dance rhythm will help you to practise the third leg exercise in the first article and the jumping exercise in the second article. The other exercises, however, will be of more benefit to you if you just count aloud rhythmically.

Having described exercises for the introductory part of the Swedish gymnastic table in the first two articles of this series, I am going on now to the second part, which contains what we call *general exercises*. These exercises require more co-ordination than those in the previous part, and do much more towards training the mobility of the spine and developing the muscles of the trunk.

The first exercise I am going to describe is for stretching the shoulder muscles. If doing this exercise hurts you somewhat, do not think that there is something wrong with you. It will show that your shoulder muscles are stiff and that you need an exercise like this !

Exercise 1.—Kneel on the floor and sit back on your heels. Stretch your arms out straight in front and rest the palms of your hands on the seat of a chair. (Do not actually hold on to anything as this would make muscles work which should be relaxed.) Bend your body forward so that you are in a straight line from your hands right through your body (see picture). Raise the top part of your back very slightly, and then swing it down again, and go on doing this rhythmically. Get a movement in the upper dorsal region as though you were gently hammering a nail into the floor with your chest. Just as when hammering you must raise the hammer each time before you strike the nail, so raise your body slightly before swinging it down, and try to swing it further down each time. Remain sitting on your heels throughout the exercise. Do about 20



Above: "*Tilt your head slightly backwards so that you can watch your hands*" (exercise 2). Left: "*Bend your body forward so that you are in a straight line*" (exercise 1).

swings and then have a short rest, and so on.

Exercise 2.—Stand with your feet straight (i.e., not turned out) and about 2 ft. apart. Keeping your knees quite straight, bend your body forward and downward, letting your arms hang down naturally with your fingers loosely curled up. By means of three continuous up and down swinging movements from your hips (about six inches) tap the floor on counts 1, 2, and 3. On count 4 do a still deeper swing, and try to make the palms of your hands clap against the floor. Immediately after this, stretch the body right up to standing position, do two hand claps in front of you at forehead height, and at the same time tilt your head slightly backwards so that you can watch your hands (see picture). These claps come on counts 5 and 6. Repeat the exercise without pausing. In this exercise you get a strong stretching of the hamstrings, also exercise for the abdominal and dorsal muscles.

Many more people seem to have short hamstrings than long ones, and it is quite likely, therefore, if you have not done any exercises for some time that, having put your feet apart and bent your body forward, your hands are still well away from the floor. But on no account bend your knees, as it is an essential part of the exercise that they remain quite straight. Let your arms hang down loosely and practise the continuous trunk swinging movement, thus stretching the muscles at the backs of your legs more and more until you find yourself able to touch the floor. Having reached this stage you will be ready to try the whole exercise right through.

The above exercises are always done in the order in which I have described them, that is, first and second respectively, in the general part of the gymnastic table. In the next article I shall give you examples of the two types of exercises which follow these.

(*To be continued*)

Nation's Fund for Nurses

Nurses' Appeal Committee

However anxious the times may be, the spirit of Christmas with its kindly remembrance of others prevails. Our columns this week bear testimony to this fact and we are proud and happy to announce that Her Gracious Majesty Queen Mary has thought of us, as in previous years, and has sent a box of 40 most beautiful gifts (see picture on page 1385). It is such an honour and pleasure to be able to distribute these gifts, as we know with what pride each one is received. We thank you all for your splendid support this week.

Donations for Week Ending November 11

*Miss D. M. Abel, 10s.; *Miss A. M. Duxbury and her mother, £1 1s.; *Miss G. M. Field, 10s.; *Miss K. Jackson, £1; *Miss E. Maclagan, £1.; *Miss M. Braithwaite, 10s.; *Miss I. M. Uhthoff, 5s.; *Mrs. Wroe, 5s.; *Miss H. D. Lyon, 2s. 6d.; *Miss A. Calvert, 2s. 6d.; *Miss G. M. Hett, 5s.; *Mrs. S. A. Raby, 2s.; *Miss C. T. Tait, 1s.; *Miss H. Gloyer, 2s. 6d.; *Miss M. C. F. Welby, £1.; *Miss E. Rogers, 6d.; *Miss F. E. White, 5s.; *Miss R. W. Rhodes, 2s. 6d.; *Miss E. L. Woodard, 2s.; *Miss M. R. Oadre (to be used for coal), 10s.; *Miss C. J. Brown, 10s.; *Anonymous, £2; Miss L. Harmston, 1s.; Miss P. Bathard, 5s.; Miss J. Eaton, 2s. 6d.; Miss J. H. Stein, £2; Miss E. M. North, 2s. 6d.; Miss B. Fraser (for coal), 2s.; Miss P. M. Nelson (for coal), 2s.; Miss L. M. Stevenson, 5s.; Miss E. E. Herd, £1 1s.; Miss F. E. Swatman, 5s.; Miss G. Strachan, 3s.; Mrs. Williams and Miss McClure (for coal), £2; Miss Wiltshire (collection of farthings by friends), 5s.; Miss E. A. Milne (for coal), 7s.; Anonymous, 2s. 6d.; Miss Holland and Miss Matthews, 5s.; Nursing staff, Royal Victoria and West Hants Hospital, Bournemouth, £1 10s.; Matron and nurses, Wirral Joint Hospital, Clatterbridge, £1 10s.; Matron and nursing staff, Ramsgate General Hospital (monthly contribution), 12s.; Nursing staff, General Hospital, Swansea (monthly contributions 6s. 4d.; Nursing staff, Hope Hospital, Salford (pay day collection), £1; "S.R.N., Devon" (monthly contribution), 1s.

Total, £22 14s. 4d.

Total to date, £4,432 4s. 11d.

* For Christmas tree collection appeal.

We are very grateful to the following:—*For Christmas gifts.*—Miss Gloyer, Miss S. V. Davis, Mrs. E. M. James, Miss F. E. Price, Royal Free Hospital, and four anonymous donors. *For tinfoil.*—Miss F. E. Price, "Friend of Miss Milne," Miss John, St. Olave's Hospital (a sackful), Miss J. Eaton and the children on her district, and four anonymous donors. *For clothing.*—Miss F. E. Price, Miss E. A. Milne (also a rug) and two anonymous donors. *For coins.*—Miss V. Desch. *For a rubber bottle.*—Miss J. Eaton.

M. H. HENDERSON, SECRETARY, Nurses' Appeal Committee, *Nursing Times*, c.o. The Royal College of Nursing, 1a, Henrietta Place, Cavendish Square, W.1.

Appointments

Assistant Matron

KEARNEY, MISS B., S.R.N., S.C.M., assistant matron, Nottingham City Hospital.

Trained at Primrose Bank Inf., Burnley; Belfast Maternity Hosp.; Prince of Wales's Hosp., N.15 (housekeeping certificate). Ward sister, theatre sister, maternity ward sister, night sister, home sister and assistant matron, Municipal General Hosp., Burnley. Member, Royal College of Nursing.

Administrative Posts

PURDYE, MISS I. W., S.R.N., S.C.M., sister-in-charge, maternity ward, Hillingdon County Hospital, Uxbridge.

Trained at Lambeth Hosp., S.E.11; St. Mary's Hosp., Eastbourne. Infant welfare certificate. Staff nurse, St. Chad's Hosp., Birmingham. Staff midwife, day and night sister, Eastbourne Maternity Hosp. Labour ward sister, Hillingdon County Hosp., Uxbridge.

TAYLOR, MISS E., S.R.N., S.C.M., home sister, District Infirmary, Ashton-under-Lyne.

Trained at Bradford Royal Inf.; Dennison House, Manchester; Royal Inf., Preston (housekeeping certificate).

Queen's Institute of District Nursing

Miss A. Ratcliffe has been appointed to Rotherham District Nursing Association as superintendent.

Miss M. Barbour has been appointed to Lancashire County Nursing Association as first assistant superintendent and Miss W. Chune as second assistant superintendent. Miss M. Thomson has been appointed to Kilburn as assistant superintendent, Miss W. Harnett to Brighton as second assistant superintendent and Miss E. Meadows to Preston as assistant superintendent.

Coming Event

Nurses' Missionary League.—The annual sale of work will be held at 3, St. Augustine's Mansions, Vauxhall Bridge Road, S.W.1, from 10 a.m. to 5 p.m. on Thursday and Friday, November 23 and 24. Money and gifts of house linen, plain and fancy needlework, aprons, stationery, jam, sweets, cakes, and so on, will be gladly received by Miss Topping at the above address. Those unable to attend may care to send the equivalent of their fare.

Cancellation

West Middlesex County Hospital, Isleworth.—The annual winter reunion will not be held this year.

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Collosol Argentum with Ephedrine

Collosol Argentum

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It exhibits the direct bactericidal effect of ionic silver given off from the colloid and maintained at a definite concentration by the break-up of the colloidal particles. One drop contains approximately four million particles smaller than the smallest bacteria.

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1-oz. **1/6**, 4-oz. **4/-**, 8-oz. **8/-**,
16-oz. **15/-**, 40-oz. **37/6**, 80-oz. **70/-**
Ophthalmic (with pipette) ½-oz. **2/6**
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Asthma and hay fever: Co. spray (with adrenalin) 1-oz. **2/6**

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T.G.S.

Correspondence

NOTE: Address to the Editor, "Nursing Times," c.o. Macmillan and Co., Ltd., St. Martin's Street, London, W.C.2. We are not necessarily in agreement with the opinions expressed by our correspondents.

A Misleading Statement

It was with increasing disappointment that I read the leading article by Miss F. Taylor in the *Nursing Times* of November 11. I can only conclude that the writer has had little experience of the work which is done in the municipal hospitals of our cities.

As a probationer in such a hospital I can only say that I am proud of my training school, and that I consider the training given equal to any given in a voluntary hospital. The amount of chronic nursing which we are called upon to do is but slight, and surely the patience and skill which this requires plays an essential part in moulding the character of a good nurse.

The writer states that because we receive higher salaries we must therefore give more service to the hospital, in the form of domestic work. This statement is quite misleading. In my training school, at least, we have been freed from domestic duties so that we may concentrate entirely upon the care and treatment of our patients.

Such an article does nothing to promote that spirit of understanding and fellowship which is essential to our efficiency during the difficult times through which we are passing.

A STUDENT NURSE.

The Training of Nurses

In the *Nursing Times* of November 11 you published a leading article by the Chairman of the Sister Tutor Section of the Royal College of Nursing, which I read with regret, for it did not seem to me that it should appear in the first Sister Tutor Number of the paper. It is not a helpful article.

The changes which have taken place in all hospitals since the declaration of war are inevitable, and much readjustment has been necessary; the situation has been faced with courage, and in the spirit of service which the needs of the time demanded.

But the article you published implied that a distinction exists between the training received by nurses in hospitals under the voluntary system and those administered by public authorities. This is not true; such a distinction does not exist. The standard of training in *all* training schools is set by the General Nursing Council, and its "one-portal" examination is the only right of entry to the Register of trained nurses.

In my opinion the article is ill-timed, for the spirit of the times demands of each person that she should foster a greater understanding of her fellows, and a wider and deeper conception of life, its duties and its privileges. Miss Taylor asks, "Will these hospitals (administered by public committees) with such a totally different history, tradition, and administration, be able to absorb satisfactorily, large voluntary hospitals with medical schools?" I look with confidence to the future for the answer to this question. I am sure a nurse evacuated from a voluntary hospital will find much of value to add to her experience, wherever she may be placed.

The traditions inherited by the great voluntary hospitals are not to be under-estimated, but the nurses of to-day are building up the traditions for the future, and *all* nurses are engaged in this great work.

It is important that those responsible for the training of nurses should have a wide vision.

H. SHATWELL, Senior Sister Tutor,
Walton Hospital, Liverpool.

Miss Parken's Retirement

Would you please publish our very heartfelt regrets at the resignation of our matron, Miss C. Parken. She is beloved by her nurses, past and present, and has been the means of reuniting us all at least once a year at St. Luketide. At all times she has extended a warm welcome to any of us, and has in every way lived up to her position as matron of an old-established hospital.

We are very sorry that ill-health should be the reason for Miss Parken's resignation. May she soon be rested and restored to health, so that the nursing world may continue to enjoy her sympathy and understanding as it has been privileged to do in the past. We wish her every happiness in her retirement, and at the same time would like to offer her our thanks for all she has done for us during her years with us.

"ONE OF MANY,"
Royal Hants County Hospital, Winchester.

A Letter of Thanks

I have just returned home after a serious operation. The Middlesex Hospital sent me to the Ministry of Health Emergency Hospital at Aylesbury, Bucks, under the care of Mr. Winterton. How can I show my deep gratitude to all the nurses, doctors and sisters there? They were so kind, cheerful and sympathetic, day and night; and, believe me, they are working at a great disadvantage in every way.

I should like everyone at the hospital to know there is at least one poor human soul who will never forget their undying devotion to their work.

GLADYS MONTAGUE LAWRENCE.

"Thank You Again"

I feel I must say thank you, and thank you again for the many helpful articles that appear in the *Nursing Times*. The blood transfusion articles and refreshers on first aid in any shape or form are especially helpful to older nurses who, like myself, are unexpectedly called on to teach and to run first aid posts, and who are quite unable to leave their jobs and come to the College lectures, much as they should like to take advantage of them.

L. J. BROWN.

The Barrel Bandage

I was very pleased to see the pictures of the barrel bandage with full instructions as to its application in the *Nursing Times* of October 14, as I am busy just now lecturing according to the Ministry of Health Memorandum. I wonder if we could have an article sometime on hypodermic injections—tetanus antitoxin, pituitrin, camphor, Coramine, and so on?

M. E. C.

Chilprufe Marches on

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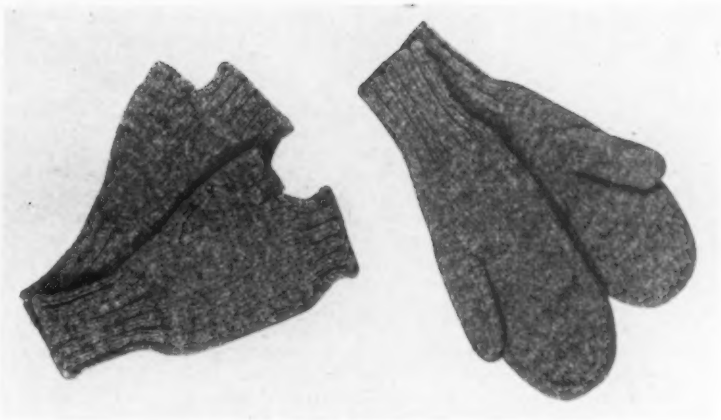

Steering Gloves

MATERIALS: 3 oz. "Greenock" double knitting wool; set of four steel needles, No. 12.

ABBREVIATIONS: k., knit; st., stitch; tog., together.

Cast on 48 st.—16 on each of three needles. K. 30 rounds of 2 plain, 2 purl, then k. 12 rounds plain.

Round 13: k. 1, make 1, k. the remainder of the round.

Rounds 14 and 15: plain.

Round 16: k. 1, make 1, k. 1, make 1, k. remainder of round.

Rounds 17 and 18: plain.

Round 19: k. 1, make 1, k. 3, make 1, k. remainder of round.

Rounds 20 and 21: plain.

Round 22: k. 1, make 1, k. 5, make 1, k. remainder of round.

Rounds 23 and 24: plain.

Round 25: k. 1, make 1, k. 7, make 1, k. remainder of round.

Rounds 26 and 27: plain.

Round 28: k. 1, make 1, k. 9, make 1, k. remainder of round.

Rounds 29 and 30: plain.

Round 31: k. 1, take off 11 st. on piece of wool and leave. Cast on 6 st. more on the needle on which you already have 1 st.—54 st. in all. K. 30 rounds plain.

Round 62: k. 2 tog., k. 4, repeat to end of round.

Next 6 rounds: plain.

Round 69: k. 2 tog. at the beginning of each needle, k. all the rest of the st. plain.

K. 6 rounds plain.

Round 76: k. 2 tog. and continue this throughout the round.

Round 77: plain.

Round 78: k. 2 tog., continue throughout the round.

Round 79: plain.

Break off the wool, leaving an end 6 ins. long, with which thread a coarse needle; on this needle slip off all the st. and draw them tightly tog. and fasten firmly on the wrong side.

For the thumb.—Take off the 11 st. from the piece of wool and take up 7 more st. where the opening is to make 18 st. round thumb. K. 20 rounds plain.

Round 21: k. 2 tog. and continue this throughout the round.

Round 22: plain.

Round 23: k. 2 tog. at the beginning of each needle, continue plain. Fasten off in the same manner as top of glove.

Mittens

MATERIALS: 3 oz. "Greenock" double knitting wool; set of knitting needles, No. 12.

Cast on 16 st. on three separate needles (48 in all) and k. 2 plain and 2 purl for 30 rounds. This forms the wrist. K. 10 plain rounds. Then k. the thumb thus:—

Round 1: k. 2, make 1, k. 2, make 1, k. to the end.

Rounds 2 and 3: plain.

Round 4: k. 2, make 1, k. 4, make 1, k. to the end.

Rounds 5 and 6: plain.

Round 7: k. 2, make 1, k. 6, make 1, k. to the end.

Rounds 8 and 9: plain.

Round 10: k. 2, make 1, k. 8, make 1, k. to the end.

Rounds 11 and 12: plain.

Round 13: k. 2, make 1, k. 10, make 1, k. to the end.

Rounds 14 and 15: plain.

Round 16: k. 2, make 1, k. 12, make 1, k. to the end.

Rounds 17 and 18: plain.

Round 19: k. 2, make 1, k. 14, make 1, k. to the end.

Rounds 20 and 21: plain.

Round 22: k. 2, make 1, k. 16, make 1, k. to the end.

Rounds 23 and 24: plain.

Round 25: k. 2, make 1, k. 18, make 1, k. to the end.

Rounds 26 and 27: plain.

Round 28: k. 2, make 1, k. 20, make 1, k. to the end.

Round 29: k. 3, then slip off on a piece of wool 20 st. and k. plain the rest of the round.

K. 10 rounds plain.

Then k. 10 rounds 2 plain and 2 purl, and cast off loosely.

K. the rest of the thumb thus:—Take up the 20 st. on the piece of wool on to three needles, adding 2 more st. where the opening is.

K. 4 rounds plain.

Then k. 4 rounds 2 plain and 2 purl, and cast off loosely.

Fasten off the ends.

"NURSING TIMES" COUPON

Answers to enquiries on professional matters, holidays and homes, free. Legal answers, 2s.6d. and stamped addressed envelope.

November 18, 1939

For the Student Nurse

State Examination Answers (Scotland)

By Sister Tutors

Hygiene, Question 1.—*Why is it necessary to ventilate a room? Describe one method of artificial ventilation.*

Ventilation is essential to prevent the air in inhabited rooms from becoming too wet and too hot, since this interferes with the regulation of body temperature. The skin and, to a lesser extent, the lungs are responsible for maintaining the body at the normal temperature by getting rid of excess heat. Loss of heat results from the cooling of the blood in the blood vessels of the skin. The blood in the skin is exposed to the air and loses heat by radiation and conduction, and is returned cooled into the circulation. As the air of a room becomes hotter, loss of heat by this means becomes less.

Heat is lost also by the evaporation of the sweat secreted by the sweat glands. Evaporation uses up heat and has a marked cooling effect, and the hotter we become through either exercise or hot weather the more sweat the glands secrete. The air can only contain a certain proportion of water vapour, the quantity varying and increasing with rise of temperature. If a room is unventilated the air becomes more and more laden with water vapour and can take up very little, so that evaporation is checked. The relative humidity should be about 65 per cent.

In an attempt to increase heat loss, the blood vessels of the skin become very dilated, in which condition the skin may hold from one third to a half of the total blood of the body, depleting the supply to other organs. In the erect position this affects the head particularly, as the blood has to flow uphill to it and may cause pallor, headache and even fainting.

The heat also has a depressing effect on the thyroid and suprarenal glands and this, together with the altered distribution of the blood, has an enervating effect both on body and mind. The desire for activity becomes less and the individual becomes heavy and drowsy.

Furthermore, the hot, wet atmosphere encourages the growth of germs in the air, whereas drying rapidly kills them. It is a fact that the air also becomes less rich in oxygen and more rich in carbon dioxide, but these changes are comparatively unimportant. In an unventilated room death from heat stroke would occur long before the oxygen supply was markedly deficient.

Ventilation is therefore necessary so that a moving current of fresh air may pass over the skin and enable it to continue to function. Too rapid a movement must be avoided, as this causes draught and chill, but stagnation of the air around the body causes air to become too wet and too hot, and interferes with the normal mechanism for cooling the body.

The *Plenum method of artificial ventilation* depends on the use of electric fans to suck air into the room or building. It may be applied to a single room, e.g., an operating theatre. The revolving fan draws air in and it is made to pass through a filter to cleanse it and, if necessary, over hot pipes to warm it before it enters the room. It is therefore particularly suitable for theatres. The air drawn in produces a rise of air pressure above normal (i.e., 15 lb. to one square inch) within the room and this causes air to escape by the outlet provided to equalise the pressure with that of the surrounding air.

Plenum ventilation may be applied to a building as a whole, in which case air is sucked by a number of fans, cleansed and warmed, and conducted by shafts to the various rooms and corridors of the building.

The windows must not be opened when this system is in use, or the free escape of air from one room will draw off the supply intended for other rooms.

Physiology, Question 3.—*Describe the functions of the stomach.*

The stomach acts as a reservoir for the food which we eat and acts upon it, preparing it to pass on into the duodenum. Food in the stomach is churned up, as in a mill, by the peristaltic action of the muscular wall. Waves of peristalsis carry the food down to the pylorus, but this is normally closed so that the food passes back again to the body of the stomach where it is again caught by the peristaltic waves and driven towards the pylorus. This mill-like action helps to break up the food and mix it thoroughly with the gastric juice.

The gastric juice causes chemical changes in the food. It is secreted by the gastric glands in the stomach wall, partly as a result of stimulation due to pleasant sensations concerning food, and partly as a result of a hormone, gastrin, produced by the mucous lining of the stomach as long as food is present there. The gastric juice consists of water, hydrochloric acid and the enzymes, pepsin and rennin. The water moistens the food and makes it more liquid. The hydrochloric acid neutralises the alkalies of the saliva producing the right reaction for the gastric enzymes. It also kills germs present in the food.

The gastric enzymes act on protein foods. Pepsin turns proteins into peptones and rennin coagulates the caseinogen of milk, preparing it for the action of pepsin. Normally the food remains in the stomach for a short time only, leaving it little by little as it is made ready in the pyloric end. The length of its stay depends on its nature. Drinks which require no digestion, such as water or glucose lemonade, run straight through it. A light carbohydrate meal, such as tea and toast, remains only about half an hour, but milk and other protein containing foods will not have left the stomach completely for three hours or more.

The cardiac end of the stomach acts as a reservoir and there is no churning action there, so that the food remains alkaline and the digestion of starch by the ptyalin of the saliva continues. In the pyloric end the reaction quickly becomes acid and the churning action breaks up the fat, which is melted by the heat of the body, into a coarse emulsion. This gives the contents, which are now called chyme, a greyish colour. The chyme becomes gradually more and more acid; when a certain degree of acidity is reached the pylorus relaxes and a little chyme passes into the duodenum. The pylorus then closes again, until the reaction in the duodenum becomes alkaline and that in the pyloric end of the stomach, which has been reduced by mixing with food from the cardiac reservoir, is again sufficiently acid to cause the sphincter to relax.

The lining of the stomach also secretes the intrinsic factor which, when combined with an extrinsic factor present in our food, produces a substance called the anti-anaemia factor which controls the formation of

red blood corpuscles by the red bone marrow. This substance is absorbed from the stomach and intestine into the blood stream, stored in the liver and stimulates the red bone marrow to produce red corpuscles. Deficiency of the anti-anaemia factor is the cause of pernicious anaemia in which the number of red corpuscles may fall as low as one to two million per c.mm.

Theory and Practice of Nursing, Question 3.—*(a) A patient is admitted in a state of coma. What observations would you make and report to the doctor? (b) Describe the first aid treatment for the following:* (i) *haemorrhage from a varicose vein,* (ii) *sunstroke,* (iii) *dog bite.*

Following the admission to hospital of a patient in coma every care should be taken to observe, record and report any sign or symptom, and any information that may help in the investigation of the cause of the patient's condition.

While he is being undressed a search should be made for any papers which may prove helpful, such as an old hospital out-patient's card. If friends have accompanied him to hospital they should be asked to wait until the doctor in charge of the case has interviewed them. The nurse admitting the patient takes the usual records, i.e., the temperature, pulse and respiration. The temperature should be taken in the axilla or rectum.

In comatose states occurring in some infective condition, such as meningitis, the temperature may be raised, but in cerebral haemorrhage, diabetic and uraemic coma it is usually little altered. A note of the regularity and strength as well as the rate of the pulse should be recorded, and a ¼-hourly pulse chart should be started at once. A very slow pulse is found in cases of narcotic poisoning and intracranial pressure. In opium poisoning the respirations will also be abnormally slow; in cerebral or renal cases periodic or Cheyne-Stoke's breathing may be noted; a peculiar hissing type of respiration may be observed in uraemic cases; and deep sighing respirations ("air hunger") are characteristic of diabetic coma.

The appearance of the patient on admission should be recorded. A flushed, rather cyanotic face is not uncommon in cerebral haemorrhage. A sallow ivory tinge of the skin is seen in uraemic coma. The state of the pupils may be important. "Pin point" pupils are typical of opium poisoning; unequal pupils may indicate cerebral disease. The breath may have a noticeable odour, as for example the unpleasant smell of urea of the uraemic patient, the rather "fruity" smell of the diabetic patient.

The skin should be examined; there may be bruises suggesting injury as the cause of coma, or the marks of hypodermic needles. Paralysis of one limb or one side of the body may be noted by the nurses who are putting the patient to bed; even in coma there will be a difference between the paralysed and the normal limbs. As soon as possible a specimen of urine is obtained, probably by catheter, and the urine is measured and tested for the presence of sugar, acetone, diacetic acid and albumin. Some estimation of the depth of the coma may be gained by noting whether the patient can be roused or appears to be disturbed by any of the procedures attendant upon his admission to hospital.

(i) Haemorrhage from varicose veins in the leg may be very profuse, but owing to the low pressure in the venous system is easily controlled. Immediate firm pressure on the site of the bleeding, while at the same time the leg is elevated, is the best and easiest method of treatment. A firm pad should be tied over the ruptured vein and firm bandages are then applied above and below the site. The patient should rest, lying flat with the leg still raised. Medical aid should be obtained. If it is necessary to move the patient he should be placed flat on the stretcher.

(ii) In the case of sunstroke send for medical aid. The patient should be removed from exposure to the sun and placed in as cool a room as possible. He should lie flat and if the pulse is feeble and the face pale the head should be lower than the trunk. If he is flushed the head may be slightly raised. If the temperature is high immediate steps must be taken to cool the patient by cold or iced water packs; evaporation can be aided by fanning the patient. An iced water or saline enema may be ordered.

(iii) The greatest danger from a dog bite is that the animal may be suffering from rabies and through a bite may transmit this disease to the victim. If there is any likelihood of this, the patient must be immunised against rabies. The disease is, however, uncommon in this country and it is more likely that sepsis will be the only danger from the injury. The wound should be well washed with warm water and bleeding should be encouraged by applying a a tight bandage round the limb above the site. A clean dressing should be obtained to cover the wound and the patient should then be advised to go to his own doctor or to a hospital.

State Examination Questions

PRELIMINARY EXAMINATION

Hygiene

(1) Why is it necessary to ventilate a room? Describe one method of artificial ventilation.

(2) Write notes on: (*a*) lighting of a hospital ward, (*b*) disposal of dry refuse, (*c*) care of the teeth, (*d*) hygiene of bedrooms, (*e*) effect on water of boiling.

(3) In what ways may infectious diseases be spread? Indicate generally how such spread can be prevented.

Physiology

(1) Write short notes on the following, mentioning particularly any function of each: (*a*) ciliated epithelium, (*b*) bile, (*c*) salivary glands, (*d*) rectum, (*e*) lymph gland.

(2) Describe briefly the circulation of blood from the heart through the lungs and back to the heart. What changes take place in the blood during its passage through the lungs?

(3) Describe the functions of the stomach.

(*Only two questions in each paper are to be answered*)

FINAL EXAMINATION

Theory and Practice of Nursing, Part II

(1) (*a*) Mention the various nursing procedures which might be ordered to induce diaphoresis in acute nephritis. (*b*) How would you prepare and give the following:—(i) hot air bath, (ii) alkaline bath, (iii) mustard bath.

(2) What instructions would you give to a probationer with regard to the following: (*a*) administration of medicines by mouth; (*b*) giving an inhalation; (*c*) storage of poisons?

(3) (*a*) A patient is admitted in a state of coma. What observations would you make and report to the doctor? (*b*) Describe the first aid treatment for the following: (i) haemorrhage from a varicose vein, (ii) sunstroke, (iii) dog bite.

(4) What are the difficulties and dangers associated with the procedure of blood transfusion? When is this form of treatment necessary? Enumerate the articles required for giving a blood transfusion.

(*Only three questions to be answered*)

Royal College of Nursing News

Membership forms may be obtained from the Secretary, Royal College of Nursing, 1a, Henrietta Place, Cavendish Square, W.1, or from local branch secretaries

Education Department

Industrial Nursing Course

A three months' course for trained nurses preparing for work in factories and business houses is being arranged; approximate date of starting, December 4, 1939. Further particulars can be obtained on application to the Director in the Education Department, Royal College of Nursing, 1a, Henrietta Place, Cavendish Square, W.1. The Public Health Section is offering three bursaries of £10 each for this course. Applications must reach the secretary, Public Health Section, by first post on Monday morning, November 20, 1939.

Lecture on War-Time Surgery

A special lecture by Dr. J. Trueta, author of "Treatment of War Wounds and Fractures with Special Reference to the Closed Method as Used in the War in Spain," will be held at 2.30 p.m. on Wednesday, December 6, in the Cowdray Hall, Royal College of Nursing. His probable subject will be "War-Time Surgery, with Special Reference to the Closed Method as Used in Spain." It is expected that a great many nurses will want to take advantage of this special opportunity and they are asked to write in advance for tickets to the Director in the Education Department. Reduced war-time admission fees: members 1s.; non-members, 1s. 6d.; Student Nurses' Association members, 6d., payable in advance.

Public Health Section

Local Report

BIRMINGHAM AND THREE COUNTIES BRANCH PUBLIC HEALTH SECTION.—A general meeting will be held at 2.45 p.m. on Saturday, December 2, at the Garden Club, 166, Hagley Road, Birmingham. This meeting is of interest to all public health members, and particularly to those engaged in or contemplating taking up industrial work. Will College members please invite any State-registered nurse engaged in industrial nursing so that we may have a representative gathering? Miss Irene Charley, S.R.N., chairman of the Public Health Section and supervisor of the Central Bureau for Insurance Nursing, will speak on "What is Birmingham's Contribution to Be in the Supply of Industrial Nurses?" Miss M. Ashton will take the chair. Tea will be served after the meeting, price 1s. each.

Student Nurses' Association

Although the annual reunion of the Student Nurses' Association will not take place this year, the speech-making contest will be held at the City General Hospital, Sheffield, by kind invitation of Matron. It is hoped that this will give members in various parts of the country a chance to attend as competitors and as audience. The contest will be held (circumstances permitting) at 2.30 p.m. on Friday, December 1, and will be followed by a tour of the hospital and tea. The subject chosen for this year is "A Talk to Nursing Auxiliaries, to Serve as an Introduction to Hospital Discipline and Etiquette." Those who wish to attend for the afternoon are asked to notify the secretary not later than Friday, November 24.

Branch Reports

Bolton Branch.—There will be a meeting at 7 p.m. on Tuesday, November 21, at the Royal Infirmary, followed, at 7.30 p.m., by a lecture by Dr. Ingham on "Some Aspects of Heart Disease."

Edinburgh Branch.—The work party organised by the branch to make stock for Port Edgar Naval Hospital, as well as comforts for the men when they leave the hospital, has met twice. It was most encouraging to learn that over £20 had been subscribed by members scattered over England, Wales and Ireland as well as by those working in Scotland. A little over this sum has already been spent in buying wool and suitable material for operation towels and so on. A number of scarves, socks, mittens and gloves are ready, as well as two dozen operation towels and one lithotomy sheet, and will be delivered at the hospital early in the week. The following letter was read from a Surgeon Lt. Commander R.N., Senior Medical Officer of one of H.M. ships:—

"*Dear Madam,*

Many thanks for your letter of October 26 and the kind offer it contains. As regards the sick bay I cannot think of anything that I could ask you to let us have . . . but I am sure the ship would be most grateful for knitted articles and I have therefore passed your letter to the Commanding Officer who will communicate with you on this subject. I hope, that when service conditions permit, it will be possible to arrange for a deputation from the Royal College of Nursing to visit the ship and inspect the medical arrangements for peace and war."

In acknowledging the letter the hon. secretary, on behalf of the members, accepted the invitation to visit the ship. The letter from the Commanding Officer is now eagerly awaited. Members are planning an extra effort for Christmas, so that cigarettes, tobacco and sweets may be added to the parcel for *our* ship and *our* hospital! Will those unable to attend the branch work parties keep these plans before them during the next weeks and try to interest their friends as well as colleagues in the work? Wool can be had by sending a card with your name and address to Miss Butter, 11, Randolph Crescent, Edinburgh; donations of wool or financial aid will be gratefully acknowledged. The next meeting of the work party will be on Friday, November 17, from 2.15 to 4.15 p.m. in the Nurses' Club, 8, Drumsheugh Gardens. Tea will be served after the meeting.

London Branch.—It is proposed to hold a *thé dansant* combined with a "bring and buy" sale from 2.30 p.m. to 6 p.m. on Saturday, December 9, in the Cowdray Hall. College members are asked to bring, if they are able, any article, or articles, clearly priced for sale. A few bridge tables will be available at 2s. each table. Members may invite one friend, and a charge of 6d. for admission will be made to help cover the cost of the band and buffet tea. An air raid shelter is available, should the need arise.

Manchester and East Lancashire Branch.—A social meeting for members and student nurses, to discuss the future activities of the branch, will be held at Manchester Royal Infirmary (nurses' home) on Saturday, December 9, from 3 to 6 p.m. Tea, 6d. Members are invited to bring their needlework or knitting with them. Branch members are reminded that the annual subscription is now due.

Worthing and South-West Sussex Branch.—A social meeting will be held at 3 p.m. on Saturday, November 18, at Mitchell's Arcade Café, Worthing. Non-members are invited; nurses from evacuation areas will be particularly welcome.

To Branch Secretaries

Branch secretaries are reminded that notices for the current issue must reach this office by the *first* post on the Monday before publication. As a result of war-time reductions in the number of postal collections and deliveries, delays are unavoidable, and secretaries are therefore advised to post early in the day and to allow a greater margin of time for delivery than in peace-time. Names of people and places should be written in block capitals, and notices should be typewritten or written legibly on one side of the paper only.

CLASSIFIED ADVERTISEMENTS CONTINUED FROM PAGE IX

ROYAL BERKSHIRE HOSPITAL, READING

GREENLANDS NURSING HOME

STAFF **Nurses** required, S.R.N. Federated Superannuation Scheme in force.
Salary £70 to £85 per annum, with uniform material.
Apply to the MATRON. (19)

LONDON COUNTY COUNCIL

ASSISTANT **Nurses,** resident, women required at Hackney Hospital, 11, High Street, Homerton, E.9, and St. Clements Hospital, 2a, Bow Road, E.3. (a) Assistant Nurses Class 1 (experienced) £45. (b) Assistant Nurses Class 2 (previous nursing experience not necessary) £40. Uniform provided.
Apply MATRONS. (601)

THE RETREAT, YORK

A PRIVATE Hospital for the treatment of Mental and Nervous illnessess, managed by a Committee of the Society of Friends, can now accept a number of **Probationers.** Girls of good education not less than 18 years of age are invited to ask for an illustrated Booklet, giving particulars of the course of training in mental nursing at this hospital.

Conditions of service are excellent. Each nurse has a room of her own in a modern well-equipped hostel in its own grounds. Hours of duty are reasonable. Recreation facilities are plentiful. Commencing salary £52 per annum rising annually to £85, with board, lodging, uniform and laundry provided.

The Retreat has also vacancies on the Private Nursing Staff for a limited number of **Fully Trained Mental Nurses.** When engaged on service outside the Hospital their salary will be £2 2s. 0d. per week, and when on duty in The Retreat at the rate of £85 per annum.

Address your enquiry to the MATRON, The Friends' Retreat, York. (79/20)

THE GENERAL INFIRMARY AT LEEDS

(673 BEDS)

TRAINING SCHOOL FOR NURSES—APPROVED BY THE GENERAL NURSING COUNCIL

THERE are vacancies for **Probationer Nurses** for increase of staff, now allowing duty hours while working in the Infirmary to include a half day followed by a whole day off weekly.

During the Course of Study in the Preliminary Training School, Students reside in the Nurses' Home.

Theoretical instruction and training for the qualifying examinations of the General Nursing Council is given by members of the Honorary Staff, by qualified Sister Tutors and by Ward Sisters.

Age 18-30 years.

Scholarships for Midwifery training.

Applications should be made to the MATRON, who will be pleased to interview parents of girls of school-leaving age, interested in the Nursing Profession. (206)

MANCHESTER ROYAL INFIRMARY

PROBATIONERS required for increase of staff.

For particulars apply to the LADY SUPERINTENDENT OF NURSES. (20)

KENT COUNTY COUNCIL

PUBLIC ASSISTANCE DEPARTMENT

County Hospital, Chatham
County Hospital, Dartford
County Hospital, Farnborough, near Bromley
County Hospital, Pembury, near Tunbridge Wells

PROBATIONER **Nurses** are required at the above Hospitals for training in general nursing for a period of three years.

Salary £30 a year for the 1st year, £35 a year for the 2nd year, and £40 a year for the 3rd year, together with residential emoluments.

Candidates will be prepared for the examination of the General Nursing Council, and if successful, will be eligible for appointment as Staff Nurses.

A superannuation scheme is in force. All nurses receive three weeks' annual holiday.

There is a good Nurses' Home with all modern conveniences at each of the Hospitals.

Further details as to the general rules of the Hospitals will be forwarded on application being made to the MATRON of the Hospital.

W. L. PLATTS,
Clerk of the County Council.

County Hall,
Maidstone. (470)

NATIONAL SANATORIUM, BENENDEN, KENT

PROBATIONERS required. Salary £60 p.a. rising by annual increments of £5 to £70 p.a. together with board, residence, laundry and uniform.
Apply MATRON. (611)

GENERAL HOSPITAL BIRMINGHAM

Training School for NURSES
PRELIMINARY SCHOOL

APPLY THE MATRON. (7)

WINSLEY SANATORIUM, Near BATH

PROBATIONER required. Commencing salary £30 per annum, with board, residence and uniform and £2 10s. 0d. travelling allowance. Prepared for Tuberculosis Association Examination.
Apply MATRON. (620)

MANCHESTER ROYAL EYE HOSPITAL

177 BEDS

PROBATIONER **Nurses** required. Two years' training.
Lectures and Certificate given.
Salary and uniform each year.
Apply to the MATRON. (640)

BLACKBURN AND EAST LANCASHIRE ROYAL INFIRMARY

(244 BEDS)

PROBATIONERS required. Candidates must be well educated. Age 18 to 30. Three years' training school.
Salary £20, £25, £30.
Stafe-registered Fever or Children's Nurses are accepted as second year nurses for two years' training.
For particulars, apply to MATRON. (27)

OLDCHURCH COUNTY HOSPITAL, ROMFORD

THE County Council of the Administrative County of Essex invite applications from Educated Girls, between the ages of 18 and 30 years, for appointment as **Probationer Nurses.**

The Hospital has accommodation for 860 patients, and provides opportunities for gaining experience in every type of Nursing. Candidates are given a two months course of lectures and practical work in the well-equipped preliminary training school before entering the wards.

A scheme for the improvement of the conditions of service of nursing staff has been introduced at the Hospital, providing for the reduction of hours of duty to 96 per fortnight, with holidays at the rate of 14 days for six months service

A modern Nurses' Home, containing separate bedrooms, with hot and cold water supply, is attached to the Hospital.

Salary will be at the rate of £30 per annum, rising, subject to satisfactory service, by £5 per annum to £40 per annum, plus full residential emoluments and use of uniform, valued at £70 per annum.

Illustrated Prospectus and further particulars with regard to the appointments may be obtained from the MATRON of the Hospital.

E. S. HOLCROFT,
Clerk of the County Council.

County Hall,
Chelmsford.
30th October, 1939. (491)

CITY OF LEICESTER

SANATORIUM
ISOLATION HOSPITAL AND

PROBATIONER **Nurses** required. Salary £40 to £45 p.a. Modern class room and resident Sister Tutor. Modern Nurses' Home.

Apply MATRON, City Isolation Hospital, Groby Road, Leicester.

WILFRID CARR,
Secretary.

Health Department,
Grey Friars, Leicester.
17th November, 1939. (588)

THE GUEST HOSPITAL, DUDLEY

TRAINING SCHOOL FOR NURSES

PROBATIONER **Nurses** required, must be well educated.

Salary £20, £25, £30 per annum and uniform. Nurses coached throughout their training by the Sister Tutor.

Apply MATRON. (549)

LORD MAYOR TRELOAR CRIPPLES' HOSPITAL, ALTON, HANTS., AND SEASIDE BRANCH, HAYLING ISLAND

(360 BEDS)

PROBATIONERS are received at the age of 17 years for training in Orthopaedic work and the nursing of crippled children.

Candidates must have good health and be well educated.

The training is for two years and is valuable to those intending to become fully trained Nurses but who are too young to commence general training. Special instruction given and Sister Tutor provided.

Salary: first year £20; second year £30; with board, lodging, uniform and laundry.

Selected Probationers may be appointed for third year at a salary of £45 p.a. and be eligible to compete for the Dame Annie Treloar Scholarship of the value of £25. Federated Superannuation Scheme in force after first year.

Send stamped addressed envelope to the MATRON (Dept. N.T.), for application form. (507)

STOCKTON AND THORNABY HOSPITAL, STOCKTON-ON-TEES

(140 Beds)

PROBATIONERS required, 18-28 years, strong, good education essential; three years' training. Salary £20, £25, £30. Extra Staff required to enable 96 hours fortnight to be put into operation.
Apply to the Matron. (531)

HUDDERSFIELD ROYAL INFIRMARY

THERE are vacancies for **Probationer Nurses** at the Preliminary Training School.
Candidates will have a two months' course of lectures and practical work before entering the wards. They must be women of good education aged 18 to 30. Three years' training.
Salary 1st year, £20; 2nd year, £25; 3rd year, £30; in addition to board, uniform and laundry.
Probationers are coached throughout their training by a Resident Sister Tutor.
Federated Superannuation Scheme in force.
There is also a limited number of vacancies for **Nurses** who have passed the Final State Examination in Children's or Fever Nursing and who are desirous of a period of two years' general training.
Enquiries to be addressed to the Matron. (432)

NOTTINGHAM GENERAL HOSPITAL

(431 Beds)

Preliminary Training School Attached

THERE are vacancies for **Probationer Nurses.** A good standard of education is required. Age 18 to 30.
Salary: 1st year £30, 2nd year £35, 3rd year £40, 4th year £50, with board, residence, laundry and indoor uniform.
Probationers are coached throughout their training by the Sister Tutor.
Applications should be addressed to the Matron, General Hospital, Nottingham, from whom all further information may be obtained. (15)

THE ROYAL INFIRMARY, SHEFFIELD

(475 Beds)

THERE are vacancies for **Probationer Nurses** for increase of staff. After three months' preliminary course candidates who are accepted for duty in the wards and departments are given opportunities for taking the examinations of the General Nursing Council. Instruction is given by members of the Honorary Medical Staff and by resident Sister Tutors.
Federated Superannuation Scheme in force for all trained staff. A good standard of education is required. Age 18-30.
Enquiries and applications should be addressed to the Matron, who will be pleased to interview parents of likely candidates. (3)

DISTRICT INFIRMARY, ASHTON-UNDER-LYNE

200 Beds

PROBATIONERS required. Age 18 to 30. Strong and of good education.
Apply to the Matron. (338)

SHEFFIELD CITY GENERAL HOSPITAL

THERE are vacancies for **Probationer Nurses** for increase of staff. Opportunity for training in midwifery during a fourth year. Candidates must be of good education and age 18 to 30.
For further information and forms apply Matron. (468)

DUDLEY ROAD HOSPITAL, BIRMINGHAM, 18

PROBATIONER NURSES

THERE are vacancies for **Probationer Nurses** in the Dudley Road Hospital, Birmingham, 18, which is approved by the General Nursing Council for England and Wales as a complete Training School for Nurses.
Applicants must be well educated and strong and not younger than 20 years of age.
Period of training three years, exclusive of three months' trial period.
Salary £30, £35 and £40 for the first, second and third years respectively, residence, rations, laundry and uniform provided. Good off-duty time and annual holiday.
Full particulars will be forwarded on application (accompanied by stamped addressed foolscap envelope) being made to the Matron. (36)

EAST SUFFOLK AND IPSWICH HOSPITAL IPSWICH

(350 Beds)

PROBATIONER **Nurses** required. Age 18-30 years. Salaries £22—£26—£32. Uniform provided. Nurses coached throughout their training by resident Sister Tutors.
For particulars apply to the Matron. (30)

BRISTOL ROYAL INFIRMARY

(430 Beds)

MEDICAL SCHOOL AND SCHOOL OF NURSING

PRELIMINARY **Training School.** Eight weeks. Length of training, 3 or 4 years. Private Nursing Staff attached; also co-operative staff.
Shortened Course of Training arranged for nurses on Supplementary Registers.
A Pre-training Course arranged for well-educated girls intending to train as Nurses at the Bristol Royal Infirmary. Age from 17½ years. (40)

GLOUCESTERSHIRE JOINT BOARD FOR TUBERCULOSIS

PROBATIONER **Nurses** required.
Salary £35—£40. Lectures are given for the Tuberculosis Association examination.
For particulars apply to Matron, Standish House, Stonehouse, Glos. (79/13)

THE QUEEN'S HOSPITAL

PRELIMINARY TRAINING SCHOOL
BIRMINGHAM

Training School for Nurses
(Approved by the General Nursing Council)

THE Syllabus includes all subjects required for the State Examination.
For particulars apply to the Matron. (12)

Please mention "Nursing Times" when answering its advertisements.

THE BOLTON ROYAL INFIRMARY

Training School for Nurses, Approved by the General Nursing Council

(239 Beds)

PROBATIONER **Nurses** required, age 18—30 years, must be strong and well educated.
Salary £20, £25 and £30, with uniform.
For particulars apply to the Matron. (8)

MANSFIELD AND DISTRICT GENERAL HOSPITAL, MANSFIELD, NOTTS.

(Beds 160)

TRAINING SCHOOL FOR NURSES

PROBATIONER **Nurses** required, age 18 to 30 years. Must be tall, strong and healthy, with a good education. Uniform supplied.
Salary: 1st year £25, 2nd year £30, 3rd year £35, 4th year £45.
Lectures give by honorary medical staff and Sister Tutor.
Apply for further particulars to Matron. (42)

THE WEYMOUTH AND DISTRICT HOSPITAL, WEYMOUTH

Recognised Training School

THERE are vacancies for **Probationers** of good education. Age 18 to 30 years.
Full particulars may be obtained from Matron. (16)

QUEEN MARY'S HOSPITAL FOR THE EAST END, STRATFORD, E.15

Complete Training School for Nurses

THERE are vacancies for well educated **Probationers.** Age from 18 years. The Federated Superannuation Scheme is in force.
Apply to the Matron. (4)

DERBYSHIRE ROYAL INFIRMARY, DERBY

TRAINING SCHOOL FOR NURSES

PROBATIONER **Nurses** required. Form of application and other particulars may be obtained from Matron. (51)

CHISLEHURST, ORPINGTON AND CRAY VALLEY HOSPITAL, ST. PAUL'S CRAY, KENT

PROBATIONERS required at the beginning of the year.
Apply Matron. (304)

NURSES WANTED

21 words 3/-, and 1/- for every additional 7 or part of 7 words.

ASSISTANT **Nurse** for Surgical Home.—Apply with reference to Matron, Rowsley Nursing Home, Kent Road, Southsea. (375)

CO-OPERATION. Fully-trained (S.R.) **Nurses** required for private work.—Apply Superintendent, Nurses' Co-operation, Mannamead, Plymouth. (638)

MATRON wanted for small beautifully equipped Home near Cambridge. Salary £100 p.a.—Guillemard, Foxton Hall, Cambridge. (585)

METROPOLITAN D.N.A. **Second Assistant Superintendent** required to help to train candidates. F.S.S.—Apply SUPERINTENDENT, 31, Bedford Place, W.C.1. (609)

NIGHT **Sister** wanted. S.R.N., Salary £95. Apply MATRON, Stagsden Nursing Home, Bournemouth. (637)

QUEEN'S NURSES WANTED.

Bilston, Staffordshire. Two required (friends preferred) for staff of three. General nursing only. Cyclist. Scale salaries, F.S.S. Comfortable Home.

Brentford and Chiswick, Middlesex. Two employed, one required. General nursing only. Cyclist. Inclusive Salary to scale. Rooms, live separately.

Chichester, West Sussex. Six in home. Nurse required for General and relief Midwifery. Cyclist. F.S.S.

Ewell, Surrey. One required for staff of three. General nursing and relief midwifery. Cyclist. Home.

Grangetown, North Riding. Two midwives required, friends, cyclists. Inclusive salary.

Halesowen, Worcestershire. One required for staff. General nursing and midwifery. Cyclist. Home. Scale salary. Usual allowances.

Portslade, East Sussex. One required for Health Visiting. Cyclist. Inclusive salary. Own living arrangements.

Rushden, Northamptonshire. Two required for staff of three. General nursing and midwifery. Cyclists. Salary according to scale. Home.

Stafford. Midwife required for staff of Home. Cyclist. Inclusive salary £200 rising to £240. Uniform £8. Holiday allowance £3.

Uttoxeter, Staffordshire. Two friends required, one for December, other New Year. Combined duties. Cyclists. Salary £200 rising £10 annually to £240. Uniform £8. Temporary accommodation in Convalescent Home until able to make own living arrangements. F.S.S.

Waltham Cross and Cheshunt, Hertfordshire. Fourth nurse required as increase. Combined duties. Scale salary, usual allowances. Home. Cyclist.

Wollaton and Trowell, near Nottingham. Single district. General nursing and midwifery. Inclusive salary. Own living arrangements.

Apply QUEEN'S INSTITUTE OF DISTRICT NURSING, The Hermitage, East Grinstead, Sussex. (632)

QUEEN'S **Nurse** required for Midwifery. Cyclist. Salary £100 to £150. Uniform. Holiday allowance. Superannuation.—SUPERINTENDENT, 57, Montagu Gardens, Wallington, Surrey. (636)

QUEEN'S **Nurses** (Two friends) required for Worksop. General Nursing only. Cyclists. Furnished rooms provided. Salary to scale.—Apply COUNTY SUPERINTENDENT, 56, Forest Road, Nottingham. (607)

QUEEN'S—Full-time **Midwife.** Salary £110 to £125. F.S.S. Uniform and holiday allowance. Cyclist. New Home.—SUPERINTENDENT, 25, Erleigh Road, Reading. (597)

QUEEN'S.—**Assistant Superintendent** required for the General work. Commencing salary £125, plus £10 uniform allowance.—Apply MATRON, Essex County Nurses' Training Home, Beachcroft Road, Leytonstone, E.11. (544)

QUEEN'S **Nurse** required for semi-urban area. General nursing and midwifery. Motorist. Salary £208 or according to scale. Rooms.—COUNTY SUPERINTENDENT, 56, Forest Road, Nottingham. (554)

STAFF **Nurse** wanted for new Maternity Block, S.R.N., S.C.M. Salary £70.—Apply, with Matron's name for reference, to MATRON, Warneford Hospital, Leamington Spa. (44)

TWO S.R.N. Nurses. One immediately with Theatre experience. Second, January 18th. Interview London. Matron's reference. Photo. Stamp.—MATRON, School Sanatorium. Uppingham. (605)

WORKING **Matron** required for small Isolation Hospital, twenty to thirty beds, South of England reception area. Salary £130/£150 according to experience, residential, uniform allowance. Recent experience essential. Full particulars and references required.—Box No. 580, THE NURSING TIMES, St. Martin's Street, London, W.C.2. (580)

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Rate: 21 words 2s. 6d., and 9d. for each additional 7 or part of 7 words.

ACCOMMODATION. Modern furnished house. 10s. 6d. weekly sharing; 15s. 6d. single. H. and C. Gas fires and service included, all rooms. Nine bath rooms. Luggage stored. 'Phone Bayswater 0805, 18, Leinster Square, W.2. (630)

BLACKPOOL, North. 'Phone 51562. Roughlea Private Hotel, Empress Drive (adjoining Promenade). Modern, open all year. Tariff.—MISS MYERSCOUGH, Founder Member, College of Nursing. (5)

REST **Homes for Practising Nurses and Probationers.** £1 weekly. Haslemere and Norwood.—Apply SECRETARY, Edith Cavell Homes, 21, Cavendish Square, London, W.1. (41)

MIDWIFERY

Rate: 7/6 per inch.

BIRMINGHAM MATERNITY HOSPITAL

THIS Hospital has now 70 beds and deals with 1,700 in-patients per annum and there is an extensive practice on the Districts, where nearly 2,000 cases per annum are dealt with.

The Board of Education grant is available for all students who intend to practice Midwifery.

There are a few free vacancies now being offered to trained nurses.

For particulars apply to MATRON. (6)

Please mention "Nursing Times" when answering its advertisements.

QUEEN CHARLOTTE'S MATERNITY HOSPITAL, MARYLEBONE ROAD, N.W.1

MIDWIFERY TRAINING SCHOOL OPEN AS USUAL

Applications Invited

APPROVED FOR PART I TRAINING AND AFFILIATED WITH QUEEN CHARLOTTE'S DISTRICT ASSOCIATION FOR PART II TRAINING

SPECIAL preparation for the Central Midwives Board Examinations. Reduced fees for Trained Nurses. Ministry of Health grant available. Hospital Certificate granted to pupils found competent after examination. In 1938 there were 3,162 in-patients and 1,395 District Midwifery cases.

Apply to MATRON. (2)

THE ROYAL HOSPITAL (WOMEN'S), WOLVERHAMPTON

(Incorporated under Charter)

MIDWIFERY **Pupils** wanted to train for Part I of the C.M.B. Examination under the new rules.

For scheme of training apply to MATRON, The Royal Hospital, Cleveland Road, Wolverhampton. (48)

MIDWIFERY TRAINING

(For Trained Nurses)

ROYAL NORTHERN HOSPITAL, LONDON, N.7

APPROVED as a Midwifery Training School by the Central Midwives Board for the FIRST PERIOD of training.

For prospectus, details of grant available under the Ministry of Health Scheme and vacancies apply to THE MATRON, Royal Northern Hospital, Holloway, N.7. (14)

MATERNITY NURSING ASSOCIATION

(Affiliated with the Royal Northern Hospital) 63-65, Myddelton Square, E.C.1

MIDWIFERY TRAINING SCHOOL for Second Examination of the Central Midwives Board. 1,127 district patients. Reduced fees under Ministry of Health Scheme. Bursaries offered in certain cases.

For vacancies apply to the MATRON. (54)

CITY OF SHEFFIELD

MIDWIFERY TRAINING

STATE-REGISTERED **Nurses** required to take Parts 1 and 2. One year's training and six month's service. Salary £45 during training and at the rate of £50 for subsequent six months. Vacancies early 1940.

Apply MATRON, City General Hospital, Sheffield, 5. (469)

HALIFAX GENERAL HOSPITAL

PUPILS required for Part I Midwifery Training. Terms; one year's term, 6 months as Staff Nurse. 6 months as Pupil.

Salary £50 p.a. Uniform, board, lodging, laundry. A few vacancies for candidates for Part I only for 6 months. 10s. weekly allowance. All candidates must be S.R.N.

Apply to the MATRON. (444)

CITY OF LONDON MATERNITY HOSPITAL, CITY ROAD, E.C.1

MIDWIFERY TRAINING SCHOOL

THE Hospital has been approved for the first period of training (Part 1) under the new rules of the Central Midwives Board. The second period (Part 2) will be taken on the District of the Maternity Nursing Association, Myddelton Square, E.C.1.

For further particulars apply to the MATRON, City of London Maternity Hospital.

RALPH B. CANNINGS,
Secretary.
(11)

HULL MUNICIPAL MATERNITY HOME

(Evacuated to Gate Burton and Mablethorpe, Lincs.)

APPROVED as a Midwifery Training School under C.M.B. Rules (New Section B), Part 1, and associated with Hull Municipal Maternity Home District Midwifery Service in respect of Part 2 Training. Grants are available under Ministry of Health Scheme for candidates taking Health Visitor's training or for nurses desirous of practising Midwifery. Free training with small salary in certain cases.

Vacancies January 1st, April 1st, July 1st and October 1st.

For complete details apply MATRON, Maternity Home, Hedon Road, Hull. (434)

BRISTOL MATERNITY HOSPITAL, SOUTHWELL STREET, BRISTOL, 2

MIDWIFERY Training School for Part 2 Examination Central Midwives Board. Free training available.

For particulars apply to the MATRON. (262)

THE ROYAL HOSPITAL (WOMEN'S), WOLVERHAMPTON

(Incorporated under Charter)

MIDWIFERY **Pupils** wanted to train for Part 1 of the C.M.B. Examination under the new rules. Free training available.

For particulars of scheme of training apply to MATRON, The Royal Hospital, Cleveland Road, Wolverhampton. (33)

THE MOTHERS' HOSPITAL OF THE SALVATION ARMY

MIDWIFERY TRAINING SCHOOL, LOWER CLAPTON ROAD, CLAPTON, E.5

PUPILS trained in Midwifery. Special preparation for the examination of the Central Midwives Board.

Reduced fees under the Ministry of Health Scheme.

1939.	Inpatients	2,008
	Outpatients	6,056
	Ante-Natal, Post-Natal and Child Welfare Attendances	41,381

Courses arranged in Analgesia.

A prospectus can be obtained upon application to the MATRON. Special terms for Trained Nurses. (34)

GENERAL LYING-IN HOSPITAL, YORK ROAD, LAMBETH, S.E.1

MIDWIFERY TRAINING SCHOOL

APPROVED for Part I Training under the new rules of the Central Midwives Board and associated with four approved institutions for Part II, from which Pupils can make their choice.

Approved for Post-certificate training.

Reduced fees under the Ministry of Health Scheme. Free training available. Hospital certificate granted to successful candidates after examination.

Separate room with hot and cold water and central heating allotted each pupil in Nurses' Home. For full particulars apply MATRON. (29)

LEEDS MATERNITY HOSPITAL, HYDE TERRACE, LEEDS, 2

(140 BEDS)

PUPILS trained and prepared for the Examination under the new rules of the Central Midwives Board, Part I.

Grants available under the Ministry of Health Scheme for candidates taking the Public Health Course or those desirous of "practising as Midwives." Free Training available.

Vacancies occurring for general-trained Nurses and others immediately. Further vacancies in January, April and July, 1940.

For particulars apply MATRON. (509)

PLAISTOW MATERNITY HOSPITAL

Approved for Part 1 Midwifery Training, associated with

PLAISTOW DISTRICT NURSES HOMES,

Approved for Part 2 Midwifery Training

Approved for Post Certificate Courses

DURING 1938—In Patients 1,585 cases. District Midwifery, 2,092 cases. Ante-Natal, 4,148 cases. Post-Natal, 2,269 cases. Infant Welfare, 10,329 cases.

Reduced fees under Ministry of Health Scheme. Free training and salary to a limited number of trained nurses. The Plaistow Badge granted to all pupils who attain necessary efficiency.

Apply MATRON, Nurses' Home, Howards Road, Plaistow, E.13. (37)

SURREY COUNTY COUNCIL

PUBLIC HEALTH DEPARTMENT

Kingston County Hospital

MIDWIFERY PUPILS

THERE are vacancies for State-registered Nurses in the Midwifery School of this Hospital, which is recognised by the Central Midwives Board for the first six months' training.

The fee for the course is £10 10s.

Forms of application and further particulars may be obtained from the MATRON, Kingston County Hospital, Wolverton Avenue, Kingston-upon-Thames.

DUDLEY AUKLAND,
Clerk of the Council.

County Hall,
Kingston-upon-Thames.
17th November, 1939. (650)

OFFICIAL MASSAGE ANNOUNCEMENTS

Rate: 7/6 per inch.

THE MIDDLESEX HOSPITAL, LONDON, W.1.

School of Massage and Medical Gymnastics
School of Medical Electricity and Light and Electro-Therapy
School of Radiography and Radiotherapy

STUDENTS prepared for all the Examinations of the Chartered Society of Massage and Medical Gymnastics, and of the Society of Radiographers.

For full particulars apply to
THE LADY SUPERINTENDENT,
THE MIDDLESEX HOSPITAL, W.1. (9)

GUY'S HOSPITAL, S.E.1

School of Massage and Medical Gymnastics
School of Electric and Light Theray
School of Radiography and Radio Therapy

THERE are large and well equipped departments for training women students holding the school leaving certificate or an equivalent certificate for all the examinations of the Chartered Society of Massage and Medical Gymnastics and for the examination of the Society of Radiography.

For full particulars apply to the MATRON.

Applicants can be seen without appointment on any Tuesday or Thursday morning between 11 a.m. and 12 noon.

Post graduate courses arranged. (79/4)

SITUATIONS VACANT

Rate: 7s. 6d. per inch displayed; or set solid as "Nurses Wanted"

THE LUTON AND DUNSTABLE HOSPITAL, LUTON, BEDFORDSHIRE

COOK required. Institutional experience essential. Commencing salary £85 or according to experience.

Apply with references and full details to MATRON. (555)

BRACEBRIDGE HEATH HOSPITAL, LINCOLNSHIRE

HEAD **Laundress** required. Preference will be given to a candidate with Institution experience. Wages 50/- per week, rising by 4 annual increases to £60/- per week, from which deductions will be made for cost of board, lodging and washing and contributions under the Asylum Officers' Superannuation Act, 1909, and the National Insurance Act. Uniform is provided.

The appointment is subject to physical fitness as evidenced by medical examination.

Applications should be addressed in the first instance to the MATRON. (505)

HUDDERSFIELD ROYAL INFIRMARY

WANTED immediately, **House, Ward** and **Relief Maids,** aged 18 to 23. Wages according to age and experience. Board, lodgings and uniform provided.

Applications to be addressed to the MATRON. (433)

AGENCIES

Rate: 7/6 per inch.

LADY **Nurses** required.—Surrey, £100; Northumberland, R.C., town (1st baby), £80; Essex (boys, 3, 5 years), Shropshire, £75; Cheshire, Notts, Surrey (twins 3 years), £70; Bucks (baby), £60.—MRS. BOUCHER LTD., 5, Basil Street, S.W.3. (645)

THE NURSES' HOSTEL CO., LTD.,
9, Torrington Place, W.C.1

BOARD and LODGING for Nurses engaged in Private Nursing or Visiting London by the Day, Meal, etc. Apply to the Secretary.
Founder: C. J. WOOD. (1)
Telegrams: "Bicuspid, London" Telephone Museum 1438

NURSES, Midwives and Masseuses who have no settled address and experience delay to, or loss of their correspondence should write to the Manager, *Nursing Times,* St. Martin's Street, London, W.C.2, for particulars of THE NURSES' PERMANENT ADDRESS BUREAU.

Crossword Puzzle No. 404

Prizes will be awarded to the senders of the two correct solutions first opened on November 22; first prize, 10s. 6d.; second prize, a book.

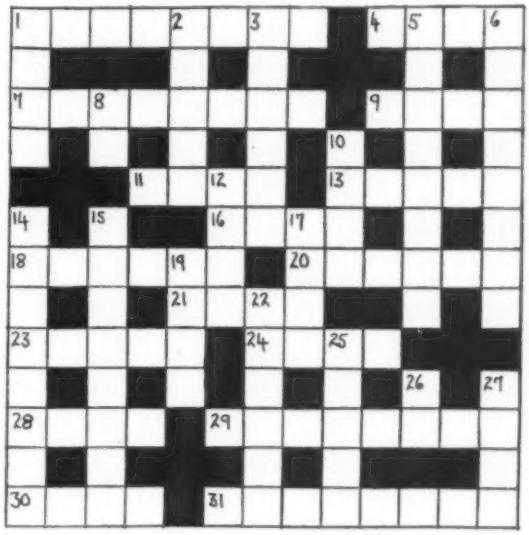
SOLUTIONS must reach this office not later than the *first* post on Wednesday, November 22.

Address your entry to "Crossword Puzzle No. 404," *Nursing Times*, Macmillan and Co., Ltd., St. Martin's Street, W.C.2.

Write your name and address in *block capitals* in the space provided.

Do not enclose any other communication with your entry.

No correspondence can be entered into with regard to this competition and the decision of the Editor is final and legally binding.



Clues Across

1. England is to the Isle of Wight.
4. A slip—of paper or a girl.
7. Book ordered by William the Conqueror.
9. Morals include the spoken word.
11. Genealogical diagram.
13. Something in hand on a rainy day.
16. An equine action.
18. What will a red rag do to a bull?
20. These faults are not so terrible.
21. Hitler has ideas on this subject.
23. A lock.
24. Starts the story going.
28. "The . . . . that men do lives after them."
29. Sometimes neat and sometimes sweet but never a bed to lie on (2 words).
30. Useful in A.R.P.
31. This hand is learning.

Clues Down

1. Even British women defer to this dictator.
2. Someone must be this in nearly every game.
3. Comparatively tidy.
5. Not the kind of ship we prefer.
6. The prerogative of an author or disagreeable child (2 words).
8. About.
10. Fortune's mate.
12. Orderliness is found in this volcano.
14. A fireman takes the most effective way of dealing with an incendiary bomb.
15. One result of appendicitis.
17. Hot spot.
19. An ancient language still in use.
22. Bobby is his name too.
25. A punctuation mark.
26. Aloft.
27. Yield.

Name .....

Address .....

Solution to Puzzle No. 403

Across.—1, Commemoration. 8, Lilac. 9, Saint. 10, Arena. 11, Madam. 12, Salvo. 13, Ammonia. 18, Canon. 20, Atlas. 21, Tenet. 22, Irons. 23, Extra. 24, Military Medal.

Down.—1, Column. 2, Melody. 3, Encampments. 4, Offer. 5, Assassinate. 6, Icicle. 7, Nation. 14, Schism. 15, Unroll. 16, Elated. 17, Assail. 19, Inter.

Prize-Winners

We have much pleasure in awarding a prize of 10s. 6d. to:—

Miss J. Hilton,
Littleborough,

and a book prize to:—

Miss E. Rawson,
Wakefield.

Their solutions to Puzzle No. 402 were respectively the first and second correct ones opened on November 8.

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Contains 'Empirin' Acetylsalicylic Acid, gr. 3½; Phenacetin, gr. 2½; and Caffeine, gr. ½

The Effective Analgesic

A reliable combination of Acetylsalicylic Acid with Phenacetin and Caffeine. Consistent in its analgesic properties. Disintegrates rapidly. Acts promptly.

Bottles of 25 and 100 products. All Chemists.

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Ergoapiol-(Smith)

A Menstrual Regulator . . .

When the periods are irregular, due to constitutional causes, ERGOAPIOL (Smith) is a reliable prescription. Containing apiol (M.H.S. special) together with ergot, aloin and oil of savin of the highest quality, this preparation effectively stimulates uterine tone and controls menstrual and postpartum bleeding.

In cases of ***Amenorrhea, Dysmenorrhea, Menorrhagia*** and ***Metrorrhagia,*** Ergoapiol serves as a good uterine tonic and hemostatic. Valuable in obstetrics after delivery of the child and for the menstrual irregularity of the ***Menopause.***

DOSAGE: 1 to 2 capsules 3 or 4 times daily. Supplied only in packages of 20 capsules. Literature on request.

As a safeguard against imposition the letters MHS are embossed on the inner surface of each capsule, *visible only* when the capsule is cut in half at seam as shown.

MARTIN H. SMITH COMPANY
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